



No proof of vaccine required to enter Kinsmen Sports Centre.

GENERAL INFORMATION

Swimming Canada rules govern this competition. Competition Rules or procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

This meet is open to qualified Swimming Canada registered swimmers and FINA registered foreign swimmers (swimmers registered with foreign swimming federations). Please reference [Swimming Canada Rulebook](#) for eligibility rules (CGR1.2.1 and CGR 1.3.1). For Para swimming events, Competition Rules or procedures contained in this Meet Information package supersede those found within the World Para Swimming Technical Rules and Regulations.

For information and updates to this document please refer to the Swimming Canada [website](#).

Competition Hosts

Swimming Canada and Edmonton Keyano Swim Club

Venue

Kinsmen Sports Centre
9100 Walterdale Hill, Edmonton, AB T6E 2V3

Pool

10 lane 50m competition pool
6 lane 50m warm up pool & Dive tank

KEY DATES

Meet Entry Deadline	Tuesday, April 12, 2022 11:59pm Pacific Time	
Classification	Tuesday, April 19, 2022 - By invitation only (See Classification section for more information)	
Registration	Tuesday, April 19, 2022	Wednesday April 20, 2022
	7:30am – 11:30pm 3:30pm – 7:30pm	7:30am – 11:30pm 3:30pm – 7:30pm
	Club representatives are required to register their club at the registration desk to receive accreditation. All coaches and support staff must register themselves in person.	
Pre-Event Training	Tuesday, April 19, 2022	Wednesday April 20, 2022
	8:00am – 12:00pm 4:00pm – 8:00pm	8:00am – 12:00pm 4:00pm – 8:00pm
Technical Meeting	Wednesday, April 20, 2022 at 3:00pm	
Competition Times	Heats: 7:30am warm-up / 9:00am start Finals: 4:30pm warm-up / 6:00pm start	

ORGANIZING COMMITTEE

Events Manager
National Meet Director
National Meet Referee
National Para Swimming Meet Referee
Swimming Canada Meet Entry Coordinator
Meet Manager
Officials Coordinator

Jocelyn Jay jjay@swimming.ca
Norma Lachance mathdva@gmail.com
Maggie Middleton MEMIDDLETON@gov.pe.ca
Sheila Guenther guenther@sasktel.net
Rob Traynor rtraynor@swimming.ca
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SAFE SPORT

Swimming Canada believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.



Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures, including but not limited to, the Code of Conduct and Professional Ethics, the Equity, Diversity and Inclusion Policy, and the Harassment Policy. For more information regarding the Swimming Canada Safe Sport Program please visit www.swimming.ca/safe-sport

QUALIFYING STANDARDS

[2022 Swimming Canada Standards](#)

A competitor's age is their age as of the first day of the competition, Thursday, April 21, 2022.

Qualification Period

Times performed Long Course or Short Course since January 1, 2019 are eligible for entry.

Age Groups

Female:

Youth: 13-15

Senior: 16 & over

Male:

Youth: 14-16

Senior: 17 & over

Relays:

Female: 13 & over

Male: 14 & over

Mixed: 13 & over

Stroke 50 events (Backstroke, Breaststroke, Butterfly) will compete in a single age category in preliminaries and finals: Female 13 & over, Male 14 & over.

Paralympic Program eligible events (50 free, 50 back, 50 breast, 50 fly, 100 free, 100 back, 100 breast, 100 fly and 200 IM) will have no age restrictions for entry as per the defined sport classes. All other Paralympic Program integrated events will be swum according to the age groups for the meet/event. Female 13-15, 16&over; and Male 14-16, 17 & over.

Relay Only Swimmers

Clubs may enter one relay only swimmer per gender in the competition regardless of age, girls must be at least 13 years old and boys at least 14 years old. Clubs entering more than one relay team in any relay event are not eligible to enter a relay only swimmer.

Relay only swimmers pay the same individual entry fee as individually qualified swimmers.

ENTRY FEES & INFORMATION

Entry Fees: \$100.00 per Swimmer \$20.00 per Relay Team

Following the meet entry deadline, all participating Canadian clubs, Unattached Canadian swimmers and Foreign teams will receive an email invoice for all fees owing. This invoice must be paid prior to April 21, 2022 in order for entries to be considered final. Please note: The team that enters the swimmer is responsible for paying that swimmer's fees.

Entry Process

All entries must be submitted via the online entry system- <https://www.swimming.ca/en/events-results/live-upcoming-meets/>. There is no limit on the number of individual event entries allowed.

All Canadian club and varsity coaches attending the event must be included in the club entry submission in order to receive accreditation. Foreign coaches, please see section on Coach Accreditation below to ensure you are registered.



Varsity swimmers must be registered in the Competitive Open, Competitive Open-Varsity or Varsity registration category and may represent their club team or their Varsity team. The University registration category 'Varsity' expires on April 30th.

All foreign clubs and teams (including Unattached Canadian swimmers), may go to the [entry page](#) and select either "Out of Country" or "UNCAN" as their Province. This will allow them to enter coaches, support staff and upload an entry file. An invoice for all entries, as well as foreign coaches and support staff will be emailed to the entry contact after the entry deadline.

Bonus Swims

There are no bonus swims.

Paralympic Program Meet Qualifying Standards (MQS) and Meet Entry Times (MET)

Para swimmers must have a Level 2, 3 or International sport classification by the entry deadline (April 12: 11:59pm Pacific Time).

Swimmers must achieve one Paralympic Program Eastern/Western Meet Qualifying Standards (MQS). Additional entries may be made in eligible events provided the swimmer has the 2022 Paralympic Program Eastern/Western Meet Entry Time (MET).

Para swimmers will be able to enter any event for which they have equaled or bettered the 2022 Eastern/Western Canadian Championship qualifying standard (MQS) or meet entry time (MET), but only 9 events will advance to an A final:

- 100 backstroke S1-S2, S6-S14 (Event 301/302);
- 100 freestyle S1-S14 (Event 303/304);
- 50 backstroke S1-S5 (Event 305/306);
- 100 breaststroke SB4-SB9, SB11-SB14 (Event 307/308);
- 50 butterfly S1-S7 (Event 309/310);
- 100 butterfly S8-S14 (Event 311/312);
- 50 breaststroke SB1-SB3(Event 313/314);
- 50 freestyle S1-S14 (Event 315/316); and
- 200 IM SM5-SM14 (Event 317/318).

If an event is not offered for a specific Sport Class, an athlete may enter the event of the same stroke and distance in the higher sport class provided that the athlete has obtained the MQS or MET time for that event.

Athletes with sport class NE SB9 NE are eligible to enter up to a maximum of 2 events in the S/SM10 sport class events provided they meet the S/SM10 MET in each event. These swims will be exhibition only and will be swum in the preliminary session.

All other eligible events will be swum integrated with the Olympic Program events, according to the age group for the event, i.e. 200 freestyle S1-5, S14 (Event 1/2), 400 freestyle S6-13 (Event 23/24). Please note: Swimmers are not eligible to advance to finals in the integrated events listed above

For Paralympic Program events, only long course qualifying standards can be used for entry.

Late Entries

Late entries for swimmers not entered by the meet entry deadline will be accepted up until the start of technical meeting at a cost of double the meet entry fee.

Once late entries have been accepted, any changes or corrections will be assessed the \$100 per change or correction fee, as per below.



Athletes that achieve their first qualifying swim after the entry deadline may be added without penalty (only the base entry fee will be charged.)

Changes and corrections

Changes and corrections may be made up to the meet entry deadline without penalty.

Following the meet entry deadline, changes and corrections may be made up until the start of the technical meeting at a cost of **\$100 per change** or correction. (The per change cost is per swimmer, per event, per change; not per email sent).

New qualifying swims that are performed after the entry deadline (e.g. achieved April 13-20) are exempt from the \$100 change fee and may be added without penalty.

Foreign Swimmers

Foreign competitors (other than members of USA Swimming) must provide a letter from their National Federation confirming their registration status. The letter must be submitted to Jocelyn Jay (jjay@swimming.ca) prior to the meet entry deadline.

A maximum of 2 Foreign swimmers will be allowed to advance to the A Finals and a maximum of 2 Foreign swimmers may advance to the B Finals. Foreign swimmers will swim Exhibition during finals. A maximum of 1 Foreign alternate for B finals will be named where applicable and will only be moved into finals with the scratch of another Foreign swimmer.

Proof of Times

Individual Events (including Paralympic Program events): All entries will be proven via the on-line entry system. Any non-validated times in your meet entry submission report must be proven by the meet entry deadline. The Meet Entry Coordinator may challenge any entry time before or during the competition.

Relay Events: All relay entry times must be proven utilizing swimmers entered in the meet by the final meet entry deadline. The online entry system is to be used to prove relay entry times. Given there are no entry standards for relays, any relay team NOT proven by the meet entry deadline will be entered NT.

It is the responsibility of the club to prove any entry times if requested. Unproven entry times will result with swimmer's removal from the event.

Psych Sheets

Psych sheets will be posted on Swimming Canada's web site following the meet entry deadline.

Scratches

Emailed scratches will be accepted prior to the Technical Meeting by email to RTraynor@swimming.ca

Following the start of the Technical Meeting, email scratches WILL NOT be accepted and a meet scratch cards ([online form](#)) are required.

Prelims & Time Final events

Thursday Preliminaries and time finals events: 30 minutes following the Technical Meeting.

Friday, Saturday, Sunday Preliminaries and time final events: 30 minutes following the start of Finals the previous evening.

Finals

30 minutes following the completion of the Preliminary events (excluding time final events).

Penalty

All penalties must be paid in accordance to Swimming Canada rule SNC 3.4.



COMPETITION INFORMATION

Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#).

Starts

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1. For Paralympic Program events starts will be conducted as per WPS Appendix two, rule 1.2.3.1 and WPS 11.1.

Backstroke Ledges

Backstroke ledges will be available for use. The swimmers shall be responsible for setting the device.

Official Splits

Any coach wishing to request a time for an interval shorter than the total distance of the event shall advise the Clerk of Course prior to the commencement of the session in question, by submitting an Official Split Request form. This form can be found at the Clerk of Course table on deck.

Preliminaries

Preliminary heats will be swum in 10 lanes, senior seeded.

Paralympic Program Event Seeding

Preliminary events for each gender shall be seeded by time (regardless of Sport Classification). There is no circle seeding.

Olympic Program Event Seeding

All entries must be submitted using proven long course (LCM) or short course (SCM) times. Conversion will not be accepted. Preliminary and Timed-Final events will be seeded using long course entries first followed by all short course entries.

The 800m freestyle and 1500m freestyle will be swum “senior seeded” with the fastest heat, regardless of age, competing in the finals session. All other heats will be swum “senior seeded” in the preliminary session swimming fastest to slowest alternating genders.

Preliminary heats for the 400m freestyle and 400m IM will be seeded slowest to fastest. The top 2 heats in each event will be swum circle seeded.

Meet Management reserve the right to create “Overflow Heats” of these events based on timelines and entry numbers. This decision will be announced at the Technical Meeting.

Finals

Finals will be swum in 10 lanes for all events.

For Olympic Program events, there will be “A” finals for all individual events with “B” finals in individual events with 20 or more individual entries, per age category (youth & senior), entered following the preliminary scratch deadline for the event.

For ‘Time Final’ events, the fastest 10 swimmers, regardless of age category, will be swum during the finals session.

For Paralympic Program events, there will only be an “A” final and finalists will be determined utilizing the Canadian Paralympic Points System for the 50 freestyle, 50 backstroke, 50 breaststroke, 50 butterfly, 100 freestyle, 100 backstroke, 100 breaststroke, 100 butterfly and 200 IM. A maximum of three (3) swimmers per sport class are eligible to advance to a final.



Finals will be seeded by time. If there is a tie by point score in a specific event for swimmers with the same sport class, the fastest preliminary time will advance to finals. If there is a tie by point score in a specific event for swimmers with different sport classes, there will be a swim-off. The swimmer with highest point score achieved in the swim-off will advance to finals.

Should empty lanes exist following the maximum of three (3) swimmers per sport class, additional swimmers will be added to fill the “A” final according to the points scores. The additional swimmers added will swim as exhibition in finals and not be eligible for awards.

Finals sequence: TBC at Technical Meeting

Swim-offs

All swim-offs are to be run by the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.

Relays

All relays will be swum as time final events with the fastest heat (10 teams) being swum during the finals session except for the mixed medley relay in which all heats will swim during finals on Sunday night.

Relay name changes must be submitted 30 minutes prior to the start of the session in which they are swum.

ACCREDITATION INFORMATION

Accreditations

Accreditation Cards are NON-TRANSFERABLE

Club accreditations (inclusive of coaches, team manager and support staff) will be assigned based on submitted coaches and support staff, into the Online Entry System, during the entry process.

Lost accreditation will be replaced at a cost of \$60.00 per accreditation.

Coach Accreditation

Canadian coaches must be registered with the CSCA and Swimming Canada as an “A1” or “B” member to receive accreditation. All coaches are responsible for checking in and collecting their own accreditation at the competition.

All Canadian club & varsity coaches attending the meet **must** have their name and information submitted in the club’s entry submission.

Foreign Coach Accreditation

Foreign Coach & Support Staff accreditation - \$100.00

Any foreign coaches attending will be required to submit their coaching registration information during the submission of their team’s entries. All coaches (other than those members of USA Swimming) are asked to have their National Federation to provide a letter to jjay@swimming.ca confirming they are a National Coach or officially tied to a club in that country. The fee for the foreign coach accreditation is \$100 CAD per competition, per coach. This will be included on the invoice with swimmer entries.

Support Staff Accreditation

Clubs requiring Support Staff (assistance for Para swimmers in the field of play, massage therapist, physiologist, doctor, mental performance coach or team manager only) are required to add them into the Registration Tracking and Results System (RTR). The Club Registrar is responsible for adding Support Staff to the RTR for the purpose of being able to **be permitted on deck at Swimming Canada National Events only. Support Staff who are not registered in the RTR will not be permitted on deck at Swimming Canada National Events.**

Swimmers Accreditation

Swimmers will be provided an accreditation card for deck access. This card must be displayed at all times. Access to the pool will be through the locker rooms and past the main security checkpoint.



The Deck Accreditation Card remains the property of Swimming Canada and can be withdrawn at Swimming Canada's sole discretion. By using this Card, individuals agree to be filmed, televised, photographed, and otherwise recorded during the Competition for purposes relating to the promotion of Swimming Canada and the development of the sport of swimming.

PARA SWIMMING CLASSIFICATION

There will not be any classification at the Speedo Western Canadian Championships.

AWARD & SCORING INFORMATION

Medals for first, second and third placed Canadian Swimmers in both Olympic and Paralympic Program events. Commemorative Medal for Foreign Swimmers placing in the top three.

- Western Canadian Team Championship banner
- Olympic Program - Canadian Female and Male High Point Aggregate by age group (5-2-1) *
- Paralympic Program - Canadian Female and Canadian Male High Point Aggregate (5-2-1) *

* If necessary, ties will be broken by number of gold medals. If a tie still exists, then it will be broken by number of silver medals then bronze medals. If swimmer have accumulated the exact scores and numbers of each medal, two winners will be awarded.

Meet Scoring

Individual events, per age group and multiclass places 1 – 20: 50-30-20-19-18-17-16-15-14-13 and 12-9-8-7-6-5-4-3-2-1

Relays events, places 1 – 10: 100-60-40-38-36-34-32-30-28-26

PLEASE NOTE: Times not meeting the qualifying standard will not be scored, and foreign swimmers are not eligible to score points toward team scores or high point awards.

DOPING CONTROL

Participants registered for this event must be aware that doping control may be conducted by the Canadian Centre for Ethics in Sport (CCES) in accordance with the Canadian Anti-Doping Program.

To avoid a positive test and the consequences of an anti-doping rule violation, athletes are encouraged to take the following steps:

- **Check your medications:** Use the Global DRO (<http://www.globaldro.com/>) to determine if any prescription or over-the-counter medications or treatments you are using are banned by the WADA Prohibited List.
- **Review your medical exemption requirements:** If you require the use of a banned medication for a legitimate medical reason visit (<http://cces.ca/medical-exemptions>) to obtain information and instructions about how to apply for a medical exemption.
- **Learn about the doping risks associated with supplements:** Do not use supplements, or take significant precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Find out more at <http://cces.ca/supplements>.
- **Review the sample collection procedures:** This short video will take you step-by-step through doping control (<http://cces.ca/sample-collection-procedures>).
- **Contact the CCES with any questions:**
 - Email: info@cces.ca
 - Call toll-free: 1-800-672-7775
 - Online: www.cces.ca/athletezone



SITE INFORMATION

Hospitality – Officials & Coaches

A hospitality room will be available for officials and coaches.

Parking

Free parking is available at the facility.

Lockers

Lockers are available at the pool in the change rooms— bring your own locks.

TRAVEL INFORMATION

Hotel Accommodations

Hotel lists for this competition can be found at:

<https://www.swimming.ca/en/resources/miscellaneous/hotels/>

Swimming Canada Rental Car Partner

AVIS Rent a Car - for bookings visit <https://www.swimming.ca/en/resources/miscellaneous/travel-tools/>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.



MEET PROGRAM

PRELIMINARIES WARM-UP 7:30 – 8:45 START 9:00			FINALS WARM-UP 4:30 – 5:45 START 6:00		
DAY 1 (THURSDAY)					
F		M	F		M
1	200m FREE	2	1	200m FREE	2
301	100m BACK PS	302	301	100m BACK PS	302
3	100m BACK	4	3	100m BACK	4
5	200m BREAST	6	5	200m BREAST	6
7	4 x 100m FR (SH)	8	9	800m FREE (FH)	
9	800m FREE (SH)			1500m FREE (FH)	10
	1500m FREE (SH)	10	7	4 x 100m FR (FH)	8
DAY 2 (FRIDAY)					
303	100m FREE PS	304	303	100m FREE PS	304
11	100m FREE	12	11	100m FREE	12
305	50m BACK PS	306	305	50m BACK PS	306
13	50m BACK	14	13	50m BACK	14
307	100m BREAST PS	308	307	100m BREAST PS	308
15	100m BREAST	16	15	100m BREAST	16
309	50m FLY PS	310	309	50m FLY PS	310
17	50m FLY	18	17	50m FLY	18
19	400m IM	20	19	400m IM	20
21	4 x 200m FR (SH)	22	21	4 x 200m FR (FH)	22
DAY 3 (SATURDAY)					
23	400m FREE	24	23	400m FREE	24
311	100m FLY PS	312	311	100m FLY PS	312
25	100m FLY	26	25	100m FLY	26
313	50m BREAST PS	314	313	50m BREAST PS	314
27	50m BREAST	28	27	50m BREAST	28
29	200m BACK	30	29	200m BACK	30
31	4 x 100m MR (SH)	32	31	4 x 100m MR (FH)	32
DAY 4 (SUNDAY)					
33	200m FLY	34	33	200m FLY	34
315	50m FREE PS	316	315	50m FREE PS	316
35	50m FREE	36	35	50m FREE	36
317	200m IM PS	318	317	200m IM PS	318
37	200m IM	38	37	200m IM	38
39	1500m FREE (SH)		39	1500m FREE (FH)	
	800m FREE (SH)	40		800m FREE (FH)	40
			41	4 x 100m MIXED MR	41
FH = Fast Heat SH = Slower Heats PS = Para-swimming					