



SWIM BC

2017 SWIM BC SHORT COURSE AA CHAMPIONSHIPS

***HOSTED BY SPARTANS SWIM CLUB
FEBRUARY 16-19, 2017
CHILLIWACK, BC***



- **AGE GROUPS: 11&U, 12-13, 14&O**
- **EVENTS:**
 - **50-100-200-400-800/1500 FREE**
 - **100-200 BACK, BREAST, FLY**
 - **200-400 IM**
 - **200 FREE RELAY; 200 MEDLEY RELAY**
- **MINIMUM TWO QUALIFYING TIMES**
- **MAXIMUM THREE BONUS ENTRIES**



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SANCTIONED BY SWIM BC: #20640

DATE February 16-19, 2017
HOST SPARTANS Swim Club
MEET MANAGER Larry Hine: lhine@shaw.ca
Phone: 604.793.6990
MEET REFEREE David Rosec
SWIM BC CONTACT Carrie Matheson (carrie@swimbc.ca)

VENUE

Chilliwack Landing Leisure Centre
 9145 Corbould St., Chilliwack, BC 604-793-7946
 8 X 25m Competition Pool; Warm-up space available
 Colorado Timing System; LED scoreboard; Food services on site

WARM UP AND START TIMES		
Thursday, FEBRUARY 16, 2017		
800/1500	Warm-up	12:00 - 12:50pm
	Competition	1:00 - 4:30pm
Relays	Warm-up*	4:30 - 5:00pm
	Competition*	5:10 - 7:00pm
<i>*Anticipated times, subject to change based on entries are received.</i>		
FRIDAY, FEBRUARY 17, 2017		
Heats	Warm-up	7:30 - 8:30am
	Competition	8:40am - 1:30pm
Finals	Warm-up	4:00 - 4:50pm*
	Competition	5:00 - 7:30pm
SATURDAY, FEBRUARY 18, 2017		
Heats	Warm-up	7:30 - 8:30am
	Competition	8:40am - 1:30pm
Finals	Warm-up	4:00 - 4:50pm*
	Competition	5:00 - 7:30pm
SUNDAY, FEBRUARY 19, 2017		
Heats	Warm-up	7:30 - 8:30am
	Competition	8:40am - 1:30pm
Finals	Warm-up	2 hours after conclusion of prelims (approx. 3:30pm)
	Competition	One hour later (approx. 4:30; Completion projected to be approx. 6:30pm)

Notes: -Prelims warm-ups will be blocked
 -Session lengths are approximate

ELIGIBILITY

- All swimmers must be registered with a Swim BC, SNC, USS or other FINA recognized club.
- Qualifying period is from September 1, 2015, to February 7, 2017.
- During the qualifying period, athletes must have attained at least **TWO** 2016-2017 Swim BC AA short course or long course qualifying times (in events offered at this meet) in an appropriately sanctioned competition, AND **must not have**

attained more than TWO AAA times in their age group as of February 16, 2017.

- Age groups for finals will be 11&U, 12-13, 14&O
 - Ages with fewer than 8 finalists in an event may be combined with other under-subscribed ages
- Swimmer age is as of the first day of competition.
 - Swimmers cannot swim in an "older" age group, with the exception being swimmers who "age up" between February 16 and March 2, inclusive.
 - In these cases, swimmers will be moved into the "older" age category and will be subject to the same entry rules as other swimmers.

NON-QUALIFIED SWIMS

- Every swimmer with at least TWO qualifying times may enter up to **THREE** additional events for a total of **FIVE** entries.
- Depending on number of entries received, non-qualified entries may be required to meet the Swim BC "A" time standard.
- Non-qualified entries in the 400, 800 and 1500 Free and 400IM will not be accepted.
- "NT" entries and "custom time" entries will not be accepted in individual events;** swimmers must have a valid proveable entry time in each event they enter.

ENTRIES

- Swimmers who have qualifying times in more than five events may enter up to eight events, provided they have the qualifying time in all events entered (and no more than two AAA times).
- Swimmers MAY enter the events in which they have a AAA time.**
- Entries will be validated against the SNC meet results database; invalid entry times, unofficial splits, or converted entry times will not be not accepted.
- For reference purposes, please email a .pdf copy of entries to entries coordinator: **Justin Daly** spartans@spartanswimclub.com
- Entries must include relay names along with the relay entries. Relay swimmers may be changed at the meet.
- Relay entries without names will be seeded as "NT".
- Entry fees are **\$9.00 per individual entry** and **\$10.00 per relay entry**, plus the \$4/swimmer Swim BC Provincial Team Splash Fee.
- Cheques payable to: **SPARTANS SWIM CLUB**
- All fees MUST be paid prior to the start of the meet.**
- Entries must be uploaded to Swimming Canada meet listing website.
- Please include the proper contact name, phone number, and email address when uploading entries.
- Late entries (entries received or uploaded after 9:00pm on Tuesday, February 7, 2017) will be accepted at the discretion of meet management and Swim BC; if accepted, the entry fees will be doubled.**

ENTRY DEADLINE:
TUESDAY, FEBRUARY 7, 2017 at 9:00pm



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GENERAL

1. This meet will observe rules as outlined in the current SNC Rulebook, except for supersessions contained within this document.
2. There will be no deck entries, exhibition swims, or time trials.
3. SNC warm-up procedures apply.
4. Warm-ups may be blocked, depending on number of swimmers entered in the meet.
5. Preliminaries and finals will be swum in the event order as outlined in the meet event list, with the exception of the 800 and 1500, which will alternate heats.
6. All events will be senior-seeded slowest to fastest for prelims, with ages broken out for finals; fastest three heats circle-seeded, except the 400s, which will have top two heats circle-seeded
7. There will be "A" and "B" finals in 12-13 and 14&O non-timed finals events with 16 or more entrants; "A" finals only in events/age groups with 15 or fewer entrants. Only "A" finals will score team points.
8. Timed final events: 800 Free, 1500 Free; all will be swum during the Thursday session.
9. Coaches are asked to check in with the Meet Manager immediately upon arrival to pay entry fees, pick up Meet Package and receive information regarding any changes.
10. A coaches' meeting will be held 10 minutes prior to the start of heats on Friday and as necessary through the meet.
11. No more than 48 hours after the entry deadline, club entry contacts will be notified of any non-qualified entries that cannot be accepted, and will be given the opportunity to enter an alternative event.
12. Any act of theft, vandalism or similar action will result in immediate disqualification from the meet.

800 – 1500 FREESTYLE

1. Swimmers must have the AA qualifying time to enter 800 or 1500 Free; non-qualifiers will be scratched.
2. These events will be swum as timed finals, alternating genders.
3. The first three heats will be the Top 8 of each age group, swum youngest to oldest. All other entrants will be senior-seeded and swum fastest to slowest.
 - a. If there are empty lanes in one of the "Top 8" heats, those lanes may be filled by 9th- and lower swimmers from another age group
4. The scratch deadline for 800/1500 will be 12:00noon on Thursday, February 16, 2017.
5. Any scratches (as defined in SCRATCHES section previously) after the noon scratch deadline will be treated the same as a late scratch from finals with the same penalties.
6. 800/1500 Free may be swum two-swimmers-per-lane.

SCORING

1. Individual and relay events scored Top 8: 9-7-6-5-4-3-2-1.

RELAYS

1. All relays will be swum during the finals session; age groups may be combined into one race if there is a small number of entries in some events.
2. Age groups for relays will be 12&U, 14&U, Open.
3. There will be no qualifying times for relays.
4. There will be no maximum number of teams per club for relay entries.
5. Only swimmers whose names appear on the meet entries may compete in relay events.
6. Please specify relay team swimmer assignments with entries. Clubs will have the opportunity to change relay swimmers.
7. Swimmers who will be in relays only must be listed in their club's Hytek entry file as "Relay only swimmers", and cannot have more than two "AAA" times.
8. An email must also be sent to the entries coordinator notifying them of the relay-only swimmer and their SNC ID number and date of birth.

AWARDS

1. Medals will be awarded for 1st, 2nd and 3rd places in individual and relay events.
2. Ribbons will be awarded for 4th, 5th, 6th, 7th and 8th places in individual events only.

SCRATCHES – PLEASE READ CAREFULLY

Scratches received prior to February 10, 2017, will not incur entry fees.

1. There is no scratch penalty for no-shows, step downs and unexcused incomplete swims in prelims.
2. The scratch rules outlined here apply to all finalists and alternates as listed in the official posting of results.
3. For all finals sessions and timed final events, no-shows, step downs and unexcused incomplete swims will all be considered a late scratch.
4. The initial scratch deadline for finals each night will be 30 minutes following the completion of morning preliminaries, excluding any 800/1500 or "overflow" heats.
5. The last scratch deadline for finals will be 30 minutes prior to the start of the finals session; the coach of the scratching swimmer must inform Clerk of Course as well as coaches of the alternates.
6. Late scratches (as defined above) from finals will be subject to the late scratch penalty of \$20, plus removal from all other events, including relays, on that day. In addition, no other member of the offending swimmer's team shall compete until the \$20 penalty has been paid.



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THURSDAY, FEBRUARY 16, 2017

TIMED FINALS			
Warm up	12:00 - 12:50pm		
Competition	1:00 - 4:30pm**		
Relay Warm up	4:30 - 5:00pm		
Relays	5:10 - 7:00pm**		
GIRLS	BOYS	AGE	EVENT
1		Open	800 Free
	99	11 & Under	800 Free
	2	12 & Over	1500 Free
RELAYS		Warm-up Session 30mins	
3	4	12&U	200 Free Relay
5	6	14&U	200 Free Relay
7	8	OPEN	200 Free Relay

SATURDAY, FEBRUARY 18, 2017

HEATS		FINALS	
Warm up	7:30 - 8:30am*		4:00 - 4:50pm
Competition	8:40am - 1:30pm**		5:00 - 7:30pm**
GIRLS	BOYS	AGE	EVENT
23	24	Open	100 Free
25	26	Open	200 Breast
27	28	Open	100 Fly
29	30	Open	400 Free
RELAYS			
	18	12&U	200 Medley Relay
	20	14&U	200 Medley Relay
	22	OPEN	200 Medley Relay

FRIDAY, FEBRUARY 17, 2017

HEATS		FINALS	
Warm up	7:30 - 8:30am*		4:00 - 4:50pm
Competition	8:40am - 1:30pm**		5:00 - 7:30pm**
GIRLS	BOYS	AGE	EVENT
9	10	Open	200 IM
11	12	Open	50 Free
13	14	Open	200 Fly
15	16	Open	100 Back
RELAYS			
17		12&U	200 Medley Relay
19		14&U	200 Medley Relay
21		OPEN	200 Medley Relay

SUNDAY, FEBRUARY 19, 2017

HEATS		FINALS	
Warm up	7:30 - 8:30am*		2 hrs. after prelims
Competition	8:40am - 1:30pm**		3 hrs. after prelims
GIRLS	BOYS	AGE	EVENT
31	32	Open	200 Free
33	34	Open	100 Breast
35	36	Open	200 Back
37	38	Open	400 IM

***Warm-up period for prelims will be blocked.**

****Sessions completion times are approximate.**

Because of the anticipated number of swimmers that have qualified for this meet and the pool space available, we will be running two (2) warm-up sessions during each prelim session. First session will be 7:30 - 8:30am for swimmers swimming in either one or both of the first 2 events of the session; the second warm-up period will be after the second event.

Once all the entries have been submitted, we will publish a more accurate warm-up timeline as well the as the blocked warm-up schedule.



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SWIMMING
CANADA
NATATION



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternatives in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."