

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

NRST Fall Invitational 29-Oct-16 to 30-Oct-16 SC Meters

Sanction: 20193 Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Mehr Abrar (13) F					
2:50.81S	F # 10C	Female 12-13 200 Free	24	---	---
38.50S	F # 11E	Female 12-13 50 Back	6	13	0.29
6:05.44S	F # 14C	Female 12-13 400 Free	23	---	---
Meadow Alberts (10) F					
1:25.33S	F # 1C	Female 10-11 100 Free	27	---	-8.85
1:32.83S	F # 3C	Female 10-11 100 Back	8	11	-3.23
52.26S	F # 7C	Female 10-11 50 Breast	8	11	-1.16
3:15.07S	F # 8A	Female 11 & Under 200 Back	6	13	-5.32
41.05S	F # 11C	Female 10-11 50 Back	9	9	-2.71
1:58.40S	F # 13C	Female 10-11 100 Breast	32	---	-1.41
Charlotte Alexander (11) F					
1:14.75S	F # 1C	Female 10-11 100 Free	8	11	-7.53
1:33.30S	F # 3C	Female 10-11 100 Back	9	9	-17.01
3:12.40S	F # 5A	Female 11 & Under 200 IM	10	7	-22.25
1:31.84S	F # 6C	Female 10-11 100 Fly	8	10	---
2:46.24S	F # 10A	Female 11 & Under 200 Free	9	9	-17.64
40.32S	F # 11C	Female 10-11 50 Back	6	12.5	-7.88
1:43.03S	F # 13C	Female 10-11 100 Breast	9	9	-10.65
Riley Andrusak (9) F					
1:20.17S	F # 1A	Female 9 & Under 100 Free	1	20	-3.03
1:39.19S	F # 3A	Female 9 & Under 100 Back	4	15	---
NS	F # 7A	Female 9 & Under 50 Breast	---	---	---
35.29S	F # 9A	Female 9 & Under 50 Free	1	20	-1.52
Trinity Aragon-Scriven (12) F					
1:10.97S	F # 1E	Female 12-13 100 Free	23	---	0.08
1:19.30S	F # 3E	Female 12-13 100 Back	11	6	-2.63
3:03.73S	F # 4C	Female 12-13 200 Breast	2	17	-3.70
1:30.52S	F # 6E	Female 12-13 100 Fly	27	---	-3.02
38.21S	F # 7E	Female 12-13 50 Breast	2	17	-0.38
32.54S	F # 9E	Female 12-13 50 Free	21	---	1.27
36.71S	F # 11E	Female 12-13 50 Back	4	15	-1.91
1:23.89S	F # 13E	Female 12-13 100 Breast	3	16	-0.14
Griffin Arnatt (11) M					
41.39S	F # 2D	Male 10-11 50 Fly	3	16	-9.56
3:39.31S	F # 4B	Male 11 & Under 200 Breast	2	17	-18.16
3:07.24S	F # 5B	Male 11 & Under 200 IM	4	15	-2.88
1:36.83S	F # 6D	Male 10-11 100 Fly	2	17	---
36.85S	F # 11D	Male 10-11 50 Back	3	16	-0.87
1:42.45S	F # 13D	Male 10-11 100 Breast	4	15	-2.70
5:43.84S	F # 14B	Male 11 & Under 400 Free	3	16	-6.34

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Time	F/P/S	Event	Place	Points	Improv
Emma Attwell (11) F					
1:16.41S	F # 1C	Female 10-11 100 Free	9	9	-7.18
1:29.93S	F # 3C	Female 10-11 100 Back	7	12	-0.74
NS	F # 6C	Female 10-11 100 Fly	---	---	---
NS	F # 9C	Female 10-11 50 Free	---	---	---
2:51.39S	F # 10A	Female 11 & Under 200 Free	12	5	-7.91
40.62S	F # 11C	Female 10-11 50 Back	8	11	-2.16
1:50.51S	F # 13C	Female 10-11 100 Breast	22	---	-4.47
Haley Bennett (17) F					
1:00.96S	F # 1I	Female 16 & Over 100 Free	1	20	2.20
31.10S	F # 2I	Female 16 & Over 50 Fly	2	17	-0.42
2:29.40S	F # 5G	Female 16 & Over 200 IM	1	20	8.02
2:09.01S	F # 10G	Female 16 & Over 200 Free	1	20	2.95
NS	F # 13I	Female 16 & Over 100 Breast	---	---	---
4:32.54S	F # 14G	Female 16 & Over 400 Free	1	20	9.19
Sabine Black (12) F					
1:22.50S	F # 1E	Female 12-13 100 Free	46	---	3.57
1:31.75S	F # 3E	Female 12-13 100 Back	29	---	-9.51
3:31.48S	F # 4C	Female 12-13 200 Breast	23	---	2.10
1:54.98S	F # 6E	Female 12-13 100 Fly	42	---	---
3:14.09S DQ	F # 8C	Female 12-13 200 Back	---	---	---
1:36.93S	F # 13E	Female 12-13 100 Breast	18	---	-2.02
Thomas Chapman (14) M					
1:01.13S	F # 1H	Male 14-15 100 Free	8	11	-1.27
1:06.90S	F # 3H	Male 14-15 100 Back	3	16	-1.79
2:25.33S	F # 5F	Male 14-15 200 IM	2	17	-4.74
1:07.55S	F # 6H	Male 14-15 100 Fly	5	14	-4.43
27.52S	F # 9H	Male 14-15 50 Free	5	14	-0.96
2:11.66S	F # 10F	Male 14-15 200 Free	5	14	-3.42
1:17.59S	F # 13H	Male 14-15 100 Breast	2	17	-3.19
4:36.00S	F # 14F	Male 14-15 400 Free	4	15	-11.90
Lily Chen (13) F					
1:03.54S	F # 1E	Female 12-13 100 Free	1	20	---
1:10.84S	F # 3E	Female 12-13 100 Back	1	20	2.25
2:42.26S	F # 5C	Female 12-13 200 IM	3	16	-1.79
1:16.39S	F # 6E	Female 12-13 100 Fly	7	12	-3.54
2:35.11S	F # 8C	Female 12-13 200 Back	2	17	-1.58
29.51S	F # 9E	Female 12-13 50 Free	2	17	1.04
2:23.04S	F # 10C	Female 12-13 200 Free	3	16	-5.94
5:03.51S	F # 14C	Female 12-13 400 Free	3	16	-12.64

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Time	F/P/S	Event	Place	Points	Improv
Brendan Chow (13) M					
1:05.34S	F # 1F	Male 12-13 100 Free	11	6	-0.39
1:22.46S	F # 3F	Male 12-13 100 Back	20	---	-4.22
2:45.11S	F # 5D	Male 12-13 200 IM	5	14	-2.40
1:19.09S	F # 6F	Male 12-13 100 Fly	7	12	-5.33
29.34S	F # 9F	Male 12-13 50 Free	6	13	-0.50
2:26.38S	F # 10D	Male 12-13 200 Free	8	11	-6.07
1:26.78S	F # 13F	Male 12-13 100 Breast	4	15	-0.71
5:16.28S	F # 14D	Male 12-13 400 Free	7	12	-8.11
Nathan Chow (12) M					
1:18.73S	F # 3F	Male 12-13 100 Back	10	7	-1.44
3:26.07S	F # 4D	Male 12-13 200 Breast	9	9	-6.47
2:54.66S	F # 5D	Male 12-13 200 IM	10	7	-4.97
1:24.53S	F # 6F	Male 12-13 100 Fly	15	2	-12.10
2:35.63S	F # 10D	Male 12-13 200 Free	13	4	-3.28
1:32.75S	F # 13F	Male 12-13 100 Breast	8	11	-7.40
5:39.89S	F # 14D	Male 12-13 400 Free	15	2	-4.16
Nolan Crisp (10) M					
34.60S	F # 2D	Male 10-11 50 Fly	1	20	-1.36
2:56.08S	F # 5B	Male 11 & Under 200 IM	2	17	-6.21
48.75S	F # 7D	Male 10-11 50 Breast	5	14	-9.27
2:47.03S	F # 8B	Male 11 & Under 200 Back	2	17	4.03
35.22S	F # 11D	Male 10-11 50 Back	1	20	-1.77
1:46.95S	F # 13D	Male 10-11 100 Breast	7	12	-19.26
5:44.53S	F # 14B	Male 11 & Under 400 Free	4	15	-3.03
Daniel Damian (13) M					
1:04.24S	F # 1F	Male 12-13 100 Free	9	9	-4.55
1:16.14S	F # 3F	Male 12-13 100 Back	5	14	-0.36
2:40.95S	F # 5D	Male 12-13 200 IM	4	15	-4.47
2:40.55S	F # 8D	Male 12-13 200 Back	3	16	-7.21
29.41S	F # 9F	Male 12-13 50 Free	7	12	-0.76
2:22.16S	F # 10D	Male 12-13 200 Free	7	12	-3.52
1:19.79S	F # 13F	Male 12-13 100 Breast	1	20	-13.64
5:00.30S	F # 14D	Male 12-13 400 Free	3	16	-25.73
Thea Damian (9) F					
1:42.84S	F # 1A	Female 9 & Under 100 Free	9	9	-3.33
1:58.67S	F # 3A	Female 9 & Under 100 Back	10	7	-1.89
54.47S	F # 7A	Female 9 & Under 50 Breast	6	13	-2.79
44.26S	F # 9A	Female 9 & Under 50 Free	9	9	-0.78
50.43S	F # 11A	Female 9 & Under 50 Back	6	13	-6.39
1:58.41S	F # 13A	Female 9 & Under 100 Breast	5	14	-5.01

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Time	F/P/S	Event	Place	Points	Improv
Maia Denis (11) F					
1:10.99S	F # 1C	Female 10-11 100 Free	4	15	-5.12
1:34.70S	F # 3C	Female 10-11 100 Back	14	3	-0.60
3:06.18S	F # 5A	Female 11 & Under 200 IM	4	15	-4.79
1:30.82S	F # 6C	Female 10-11 100 Fly	6	13	-12.64
32.38S	F # 9C	Female 10-11 50 Free	5	14	-1.83
2:32.98S	F # 10A	Female 11 & Under 200 Free	3	16	-13.42
5:23.68S	F # 14A	Female 11 & Under 400 Free	1	20	-23.14
Mello Di (10) F					
1:32.97S	F # 1C	Female 10-11 100 Free	32	---	-1.74
53.77S	F # 2C	Female 10-11 50 Fly	17	---	-7.71
50.58S	F # 7C	Female 10-11 50 Breast	5	14	-8.03
40.08S	F # 9C	Female 10-11 50 Free	30	---	-1.14
48.27S	F # 11C	Female 10-11 50 Back	25	---	-2.98
1:48.10S	F # 13C	Female 10-11 100 Breast	18	---	-13.75
Hana Edwards (13) F					
1:10.40S	F # 6E	Female 12-13 100 Fly	2	17	0.81
35.89S	F # 7E	Female 12-13 50 Breast	1	20	1.15
2:20.91S	F # 8C	Female 12-13 200 Back	1	20	1.48
31.18S	F # 11E	Female 12-13 50 Back	2	17	0.65
1:17.58S	F # 13E	Female 12-13 100 Breast	1	20	3.48
4:43.77S	F # 14C	Female 12-13 400 Free	2	17	-5.55
Kira Edwards (15) F					
41.74S	F # 7G	Female 14-15 50 Breast	3	16	2.60
2:46.26S	F # 8E	Female 14-15 200 Back	17	---	14.65
31.38S	F # 9G	Female 14-15 50 Free	26	---	2.39
2:30.98S	F # 10E	Female 14-15 200 Free	9	9	14.71
35.51S	F # 11G	Female 14-15 50 Back	4	15	4.00
NS	F # 13G	Female 14-15 100 Breast	---	---	---
Aleksandor Frketic (14) M					
1:02.56S	F # 1H	Male 14-15 100 Free	12	4.5	-4.43
2:52.09S	F # 4F	Male 14-15 200 Breast	6	13	---
1:07.98S	F # 6H	Male 14-15 100 Fly	7	12	-4.61
NS	F # 9H	Male 14-15 50 Free	---	---	---
2:30.40S	F # 12F	Male 14-15 200 Fly	1	20	-8.40
4:49.53S	F # 14F	Male 14-15 400 Free	8	11	-12.02
Megan Frost (11) F					
1:21.70S	F # 1C	Female 10-11 100 Free	17	---	-9.53
1:33.69S	F # 3C	Female 10-11 100 Back	11	6	-29.51
46.74S	F # 7C	Female 10-11 50 Breast	2	17	-6.73
35.70S	F # 9C	Female 10-11 50 Free	11	6	-3.15
42.84S	F # 11C	Female 10-11 50 Back	13	4	-8.94
1:39.60S	F # 13C	Female 10-11 100 Breast	7	12	-11.19

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Time	F/P/S	Event	Place	Points	Improv
Julia Hajash (10) F					
1:20.31S	F # 1C	Female 10-11 100 Free	13	4	-6.88
48.90S	F # 2C	Female 10-11 50 Fly	10	7	-13.69
2:05.11S	F # 6C	Female 10-11 100 Fly	23	---	---
36.60S	F # 9C	Female 10-11 50 Free	14	3	-0.88
2:54.71S	F # 10A	Female 11 & Under 200 Free	13	4	-5.23
1:39.25S	F # 13C	Female 10-11 100 Breast	6	13	0.52
Lucy Hallett (9) F					
48.45S	F # 2A	Female 9 & Under 50 Fly	1	20	-11.48
1:45.06S	F # 3A	Female 9 & Under 100 Back	7	12	-7.44
53.82S	F # 7A	Female 9 & Under 50 Breast	4	15	-6.25
39.41S	F # 9A	Female 9 & Under 50 Free	2	17	-1.08
44.83S	F # 11A	Female 9 & Under 50 Back	4	15	-9.42
1:58.58S	F # 13A	Female 9 & Under 100 Breast	6	13	-7.06
David Hiebert (17) M (00)					
58.80S	F # 1J	Male 16 & Over 100 Free	5	14	-0.29
32.15S	F # 2J	Male 16 & Over 50 Fly	7	12	0.63
2:32.64S	F # 5H	Male 16 & Over 200 IM	3	16	-2.79
1:15.35S	F # 6J	Male 16 & Over 100 Fly	8	11	0.08
35.01S	F # 7J	Male 16 & Over 50 Breast	3	16	-0.42
25.92S	F # 9J	Male 16 & Over 50 Free	6	13	-0.55
2:12.46S	F # 10H	Male 16 & Over 200 Free	3	16	1.67
1:18.85S	F # 13J	Male 16 & Over 100 Breast	3	16	-0.84
4:42.52S	F # 14H	Male 16 & Over 400 Free	2	17	1.11
Misato Hiraoka (11) F					
41.55S	F # 2C	Female 10-11 50 Fly	8	11	-5.15
3:17.58S	F # 4A	Female 11 & Under 200 Breast	2	17	-9.11
3:03.03S	F # 5A	Female 11 & Under 200 IM	3	16	-1.96
42.81S	F # 7C	Female 10-11 50 Breast	1	20	-0.07
2:45.36S	F # 10A	Female 11 & Under 200 Free	7	12	-7.99
1:33.18S	F # 13C	Female 10-11 100 Breast	4	15	1.41
5:58.89S	F # 14A	Female 11 & Under 400 Free	4	15	2.42
Taiki Hiraoka (12) M					
1:04.02S	F # 1F	Male 12-13 100 Free	7	12	-4.16
1:20.50S	F # 3F	Male 12-13 100 Back	16	1	-0.50
2:46.00S	F # 5D	Male 12-13 200 IM	6	13	-0.38
1:19.72S	F # 6F	Male 12-13 100 Fly	9	9	2.43
2:47.77S	F # 8D	Male 12-13 200 Back	6	13	-13.34
30.12S	F # 9F	Male 12-13 50 Free	13	4	-1.56
2:19.52S	F # 10D	Male 12-13 200 Free	4	15	-5.91
4:56.29S	F # 14D	Male 12-13 400 Free	2	17	-8.46

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Time	F/P/S	Event	Place	Points	Improv
Sebastien Hon (10) M					
1:37.62S	F # 1D	Male 10-11 100 Free	7	12	-9.82
1:58.41S	F # 3D	Male 10-11 100 Back	10	7	4.08
1:03.60S	F # 7D	Male 10-11 50 Breast	9	9	-7.87
43.99S	F # 9D	Male 10-11 50 Free	12	5	-0.38
52.16S	F # 11D	Male 10-11 50 Back	11	6	-2.15
2:16.24S	F # 13D	Male 10-11 100 Breast	12	5	-11.97
Dominic Huang (11) M					
1:23.70S	F # 3D	Male 10-11 100 Back	2	17	0.68
3:02.60S	F # 5B	Male 11 & Under 200 IM	3	16	-6.48
1:29.72S	F # 6D	Male 10-11 100 Fly	1	20	-7.34
2:59.71S	F # 8B	Male 11 & Under 200 Back	4	15	0.68
2:41.64S	F # 10B	Male 11 & Under 200 Free	2	17	-5.40
1:37.27S	F # 13D	Male 10-11 100 Breast	2	17	-3.61
5:42.35S	F # 14B	Male 11 & Under 400 Free	1	20	-10.18
Teagan Hunt (12) F					
1:09.57S	F # 1E	Female 12-13 100 Free	17	---	-1.74
34.73S	F # 2E	Female 12-13 50 Fly	3	16	1.23
2:51.23S	F # 5C	Female 12-13 200 IM	11	6	-6.78
1:17.44S	F # 6E	Female 12-13 100 Fly	8	11	2.71
45.69S	F # 7E	Female 12-13 50 Breast	14	3	0.88
32.84S	F # 9E	Female 12-13 50 Free	26	---	-0.49
2:29.88S	F # 10C	Female 12-13 200 Free	10	7	-3.18
5:05.51S	F # 14C	Female 12-13 400 Free	4	15	-12.75
Elizabeth Jenkins (11) F					
1:13.82S	F # 1C	Female 10-11 100 Free	7	12	-4.50
1:33.46S	F # 3C	Female 10-11 100 Back	10	7	-3.94
3:08.43S	F # 5A	Female 11 & Under 200 IM	8	11	-12.90
1:31.24S	F # 6C	Female 10-11 100 Fly	7	12	---
2:45.66S	F # 10A	Female 11 & Under 200 Free	8	11	-5.55
1:50.98S	F # 13C	Female 10-11 100 Breast	24	---	-4.92
6:00.03S	F # 14A	Female 11 & Under 400 Free	5	14	-19.66
Emily Laidman (15) F					
1:07.63S	F # 1G	Female 14-15 100 Free	15	2	1.47
2:50.55S	F # 4E	Female 14-15 200 Breast	1	20	-2.67
2:37.48S	F # 5E	Female 14-15 200 IM	3	16	0.45
2:41.55S	F # 8E	Female 14-15 200 Back	14	3	-0.24
32.28S	F # 9G	Female 14-15 50 Free	31	---	2.23
2:27.34S	F # 10E	Female 14-15 200 Free	7	12	6.71
1:20.04S	F # 13G	Female 14-15 100 Breast	1	20	0.72
5:00.60S	F # 14E	Female 14-15 400 Free	6	13	5.25

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Time	F/P/S	Event	Place	Points	Improv
Kali Lancaster (13) F					
1:08.53S	F # 1E	Female 12-13 100 Free	11	6	-0.87
2:58.86S	F # 4C	Female 12-13 200 Breast	1	20	-14.02
2:50.03S	F # 5C	Female 12-13 200 IM	8	11	-2.91
1:18.35S	F # 6E	Female 12-13 100 Fly	10	7	-9.53
31.14S	F # 9E	Female 12-13 50 Free	12	5	0.07
2:32.51S	F # 10C	Female 12-13 200 Free	17	---	-3.21
1:22.18S	F # 13E	Female 12-13 100 Breast	2	17	-3.61
5:20.14S	F # 14C	Female 12-13 400 Free	13	4	-9.62
Emilie Levrat (11) F					
1:36.40S	F # 1C	Female 10-11 100 Free	36	---	-10.37
1:44.99S	F # 3C	Female 10-11 100 Back	29	---	---
53.86S	F # 7C	Female 10-11 50 Breast	12	5	-8.20
43.25S	F # 9C	Female 10-11 50 Free	37	---	-2.52
50.03S	F # 11C	Female 10-11 50 Back	28	---	-5.42
1:57.93S	F # 13C	Female 10-11 100 Breast	30	---	-12.06
Evelyn Li (10) F					
1:21.89S	F # 1C	Female 10-11 100 Free	18	---	-12.21
1:34.84S	F # 3C	Female 10-11 100 Back	15	2	-26.85
52.38S	F # 7C	Female 10-11 50 Breast	9	9	-3.91
36.71S	F # 9C	Female 10-11 50 Free	16	1	-2.43
42.75S	F # 11C	Female 10-11 50 Back	11	6	-8.80
1:50.63S	F # 13C	Female 10-11 100 Breast	23	---	-9.58
Hannah Lorette (15) F					
1:10.74S	F # 6G	Female 14-15 100 Fly	3	16	1.83
2:25.52S	F # 8E	Female 14-15 200 Back	2	17	6.57
29.87S	F # 9G	Female 14-15 50 Free	6	13	0.22
2:15.34S	F # 10E	Female 14-15 200 Free	1	20	0.27
31.54S	F # 11G	Female 14-15 50 Back	1	20	0.97
1:32.47S	F # 13G	Female 14-15 100 Breast	8	11	1.82
Sophie Lorette (13) F					
1:06.63S	F # 6E	Female 12-13 100 Fly	1	20	1.74
39.32S	F # 7E	Female 12-13 50 Breast	3	16	-1.29
28.68S	F # 9E	Female 12-13 50 Free	1	20	-0.40
30.86S	F # 11E	Female 12-13 50 Back	1	20	-0.02
2:32.70S	F # 12C	Female 12-13 200 Fly	1	20	9.73
4:37.16S	F # 14C	Female 12-13 400 Free	1	20	6.66

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Time	F/P/S	Event	Place	Points	Improv
Grace MacDonald (14) F (00)					
1:01.78S	F # 1G	Female 14-15 100 Free	3	16	0.64
31.53S	F # 2G	Female 14-15 50 Fly	1	20	0.81
2:37.03S	F # 5E	Female 14-15 200 IM	2	17	3.40
1:14.06S	F # 6G	Female 14-15 100 Fly	8	11	5.39
2:33.12S	F # 8E	Female 14-15 200 Back	4	15	-7.93
28.28S	F # 9G	Female 14-15 50 Free	1	20	0.04
1:23.81S	F # 13G	Female 14-15 100 Breast	4	15	4.34
4:49.19S	F # 14E	Female 14-15 400 Free	3	16	-4.57
Connor Mar (10) M					
42.80S	F # 2D	Male 10-11 50 Fly	4	15	-4.33
1:34.66S	F # 3D	Male 10-11 100 Back	4	15	-5.84
1:38.11S	F # 6D	Male 10-11 100 Fly	3	16	-5.02
39.78S	F # 9D	Male 10-11 50 Free	9	9	-0.33
44.24S	F # 11D	Male 10-11 50 Back	6	13	-3.55
2:13.17S	F # 13D	Male 10-11 100 Breast	11	6	-0.30
Nika Marefat (12) F					
53.34S	F # 11E	Female 12-13 50 Back	19	---	---
2:10.91S	F # 13E	Female 12-13 100 Breast	29	---	-4.62
Jane Maycock (15) F					
1:05.62S	F # 1G	Female 14-15 100 Free	10	7	-0.32
36.73S	F # 2G	Female 14-15 50 Fly	14	3	-0.92
2:52.30S	F # 5E	Female 14-15 200 IM	14	3	0.82
1:24.28S	F # 6G	Female 14-15 100 Fly	21	---	-3.90
30.56S	F # 9G	Female 14-15 50 Free	16	1	-0.37
2:22.87S	F # 10E	Female 14-15 200 Free	3	16	-0.20
36.94S	F # 11G	Female 14-15 50 Back	6	13	0.98
4:55.59S	F # 14E	Female 14-15 400 Free	5	14	-2.87
Rachael Mebs (15) F					
1:10.50S	F # 1G	Female 14-15 100 Free	31	---	0.30
37.10S	F # 2G	Female 14-15 50 Fly	16	1	-1.21
1:22.11S DQ	F # 3G	Female 14-15 100 Back	---	---	---
45.11S	F # 7G	Female 14-15 50 Breast	7	12	-1.11
33.80S	F # 9G	Female 14-15 50 Free	35	---	1.51
38.39S	F # 11G	Female 14-15 50 Back	10	7	-1.36
3:12.89S	F # 12E	Female 14-15 200 Fly	3	16	---
5:14.36S	F # 14E	Female 14-15 400 Free	11	6	-16.29
Sydney Meldrum (13) F					
2:30.94S	F # 10C	Female 12-13 200 Free	14	3	-7.29
1:24.07S	F # 13E	Female 12-13 100 Breast	4	15	-0.20
5:25.60S	F # 14C	Female 12-13 400 Free	15	2	14.78

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

NRST Fall Invitational 29-Oct-16 to 30-Oct-16 SC Meters

Sanction: 20193 Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Taryn Mercer (10) F					
1:39.59S	F # 1C	Female 10-11 100 Free	39	---	-9.42
1:42.93S	F # 3C	Female 10-11 100 Back	26	---	-12.90
NS	F # 7C	Female 10-11 50 Breast	---	---	---
43.86S	F # 9C	Female 10-11 50 Free	39	---	-2.32
45.62S	F # 11C	Female 10-11 50 Back	17	---	---
1:58.18S	F # 13C	Female 10-11 100 Breast	31	---	-9.28
Mackenzie Mueller (16) F					
1:05.85S	F # 1I	Female 16 & Over 100 Free	10	7	-0.02
35.02S	F # 2I	Female 16 & Over 50 Fly	9	9	0.01
2:47.29S	F # 5G	Female 16 & Over 200 IM	10	7	-4.49
39.39S	F # 7I	Female 16 & Over 50 Breast	4	15	-0.85
29.69S	F # 9I	Female 16 & Over 50 Free	5	14	-0.33
2:27.43S	F # 10G	Female 16 & Over 200 Free	9	9	3.72
36.42S	F # 11I	Female 16 & Over 50 Back	5	14	-0.40
5:08.31S	F # 14G	Female 16 & Over 400 Free	4	15	0.21
Cale Murdock (19) M					
58.73S	F # 6J	Male 16 & Over 100 Fly	1	20	1.68
33.89S	F # 7J	Male 16 & Over 50 Breast	1	20	---
24.49S	F # 9J	Male 16 & Over 50 Free	2	17	0.96
1:53.78S	F # 10H	Male 16 & Over 200 Free	1	20	3.42
28.02S	F # 11J	Male 16 & Over 50 Back	1	20	1.10
1:15.55S	F # 13J	Male 16 & Over 100 Breast	1	20	---
Emma Murdock (16) F					
1:06.78S	F # 6I	Female 16 & Over 100 Fly	1	20	1.00
2:29.90S	F # 8G	Female 16 & Over 200 Back	2	17	7.93
28.82S	F # 9I	Female 16 & Over 50 Free	2	17	1.36
2:16.48S	F # 10G	Female 16 & Over 200 Free	3	16	5.94
NS	F # 11I	Female 16 & Over 50 Back	---	---	---
2:41.07S	F # 12G	Female 16 & Over 200 Fly	2	17	-16.77
Emma Obee (12) F					
1:16.31S	F # 1E	Female 12-13 100 Free	34	---	-16.36
1:40.62S	F # 3E	Female 12-13 100 Back	35	---	-0.70
53.69S	F # 7E	Female 12-13 50 Breast	22	---	-18.87
39.63S	F # 9E	Female 12-13 50 Free	49	---	-2.85
43.89S	F # 11E	Female 12-13 50 Back	15	2	-2.47
2:02.34S	F # 13E	Female 12-13 100 Breast	28	---	-5.62

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

NRST Fall Invitational 29-Oct-16 to 30-Oct-16 SC Meters

Sanction: 20193 Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Ruby Pandachuck (8) F					
1:40.03S	F # 1A	Female 9 & Under 100 Free	7	12	-2.47
1:54.66S	F # 3A	Female 9 & Under 100 Back	9	9	6.04
1:01.61S	F # 7A	Female 9 & Under 50 Breast	11	6	-1.60
44.65S	F # 9A	Female 9 & Under 50 Free	10	7	-0.93
50.45S	F # 11A	Female 9 & Under 50 Back	7	12	-1.36
2:14.96S	F # 13A	Female 9 & Under 100 Breast	10	7	-11.12
Aries Parker (13) M					
1:24.21S	F # 1F	Male 12-13 100 Free	35	---	---
43.72S	F # 2F	Male 12-13 50 Fly	12	5	---
1:47.46S DQ	F # 3F	Male 12-13 100 Back	---	---	---
56.73S	F # 7F	Male 12-13 50 Breast	18	---	---
34.93S	F # 9F	Male 12-13 50 Free	34	---	---
47.82S	F # 11F	Male 12-13 50 Back	13	4	---
Lily Parker (13) F					
1:06.42S	F # 1E	Female 12-13 100 Free	6	13	---
34.59S	F # 2E	Female 12-13 50 Fly	2	17	---
2:56.48S DQ	F # 5C	Female 12-13 200 IM	---	---	---
41.37S	F # 7E	Female 12-13 50 Breast	5	14	---
30.48S	F # 9E	Female 12-13 50 Free	7	12	---
2:41.44S	F # 10C	Female 12-13 200 Free	21	---	---
1:33.02S	F # 13E	Female 12-13 100 Breast	12	5	---
5:46.72S	F # 14C	Female 12-13 400 Free	18	---	---
Elena Pepenel (12) F					
1:34.70S DQ	F # 1E	Female 12-13 100 Free	---	---	---
59.15S	F # 2E	Female 12-13 50 Fly	14	3	---
1:43.74S	F # 3E	Female 12-13 100 Back	37	---	---
48.98S	F # 7E	Female 12-13 50 Breast	17	---	---
37.91S	F # 9E	Female 12-13 50 Free	45	---	---
47.74S	F # 11E	Female 12-13 50 Back	17	---	---
1:45.43S	F # 13E	Female 12-13 100 Breast	22	---	---
Jacob Rambo (14) M					
56.88S	F # 1H	Male 14-15 100 Free	2	17	-5.11
1:03.35S	F # 3H	Male 14-15 100 Back	1	20	-3.70
2:19.76S	F # 5F	Male 14-15 200 IM	1	20	-5.58
1:02.10S	F # 6H	Male 14-15 100 Fly	2	17	-4.31
2:15.70S	F # 8F	Male 14-15 200 Back	1	20	-4.67
26.14S	F # 9H	Male 14-15 50 Free	1	20	-1.95
2:05.82S	F # 10F	Male 14-15 200 Free	1	20	-8.64
4:25.74S	F # 14F	Male 14-15 400 Free	1	20	-29.95

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

NRST Fall Invitational 29-Oct-16 to 30-Oct-16 SC Meters

Sanction: 20193 Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Tahlia Reid (11) F					
1:23.24S	F # 1C	Female 10-11 100 Free	20	---	1.89
44.14S	F # 2C	Female 10-11 50 Fly	9	9	---
35.36S	F # 9C	Female 10-11 50 Free	10	7	-0.58
1:47.90S	F # 13C	Female 10-11 100 Breast	17	---	-4.35
6:38.69S	F # 14A	Female 11 & Under 400 Free	7	12	10.96
Arran Robertson (12) M					
40.37S	F # 2F	Male 12-13 50 Fly	11	6	-9.55
3:19.01S DQ	F # 4D	Male 12-13 200 Breast	---	---	---
3:09.35S	F # 5D	Male 12-13 200 IM	16	1	-28.29
41.72S	F # 7F	Male 12-13 50 Breast	5	14	-4.81
34.35S	F # 9F	Male 12-13 50 Free	33	---	-2.09
45.32S	F # 11F	Male 12-13 50 Back	11	6	-1.02
1:32.55S	F # 13F	Male 12-13 100 Breast	7	12	-3.97
Bradley Rumball (13) M					
1:36.24S	F # 1F	Male 12-13 100 Free	38	---	---
52.06S	F # 2F	Male 12-13 50 Fly	16	1	---
2:14.98S DQ	F # 3F	Male 12-13 100 Back	---	---	---
48.06S	F # 7F	Male 12-13 50 Breast	11	6	---
42.92S	F # 9F	Male 12-13 50 Free	38	---	---
58.98S	F # 11F	Male 12-13 50 Back	15	2	---
1:44.24S	F # 13F	Male 12-13 100 Breast	13	4	---
Annika Rupert (9) F					
56.61S	F # 2A	Female 9 & Under 50 Fly	3	16	1.93
1:44.07S	F # 3A	Female 9 & Under 100 Back	6	13	-1.60
51.43S	F # 7A	Female 9 & Under 50 Breast	2	17	-1.98
40.94S	F # 9A	Female 9 & Under 50 Free	5	14	-0.58
46.55S	F # 11A	Female 9 & Under 50 Back	5	14	-3.15
1:47.54S	F # 13A	Female 9 & Under 100 Breast	1	20	-8.62
Bridget Rupert (9) F					
1:24.41S	F # 1A	Female 9 & Under 100 Free	2	17	-7.76
1:34.19S	F # 3A	Female 9 & Under 100 Back	1	20	-18.42
NS	F # 9A	Female 9 & Under 50 Free	---	---	---
42.75S	F # 11A	Female 9 & Under 50 Back	2	17	-9.22
1:50.88S	F # 13A	Female 9 & Under 100 Breast	3	16	-2.39
Naeva Scott Bouris (11) F					
1:19.57S	F # 3C	Female 10-11 100 Back	2	17	-3.59
3:11.97S	F # 5A	Female 11 & Under 200 IM	9	9	-12.45
1:43.65S	F # 6C	Female 10-11 100 Fly	17	---	-16.88
2:57.52S	F # 8A	Female 11 & Under 200 Back	3	16	3.19
2:49.46S	F # 10A	Female 11 & Under 200 Free	10	7	-5.19
38.04S	F # 11C	Female 10-11 50 Back	2	17	-0.33

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

NRST Fall Invitational 29-Oct-16 to 30-Oct-16 SC Meters

Sanction: 20193 Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Hamzah Shihadeh (12) M					
51.70S	F # 7F	Male 12-13 50 Breast	15	2	-11.12
36.99S	F # 9F	Male 12-13 50 Free	36	---	-4.72
45.79S	F # 11F	Male 12-13 50 Back	12	5	-10.41
1:55.26S	F # 13F	Male 12-13 100 Breast	18	---	-13.04
Madea Solberg (11) F					
NS	F # 1C	Female 10-11 100 Free	---	---	---
NS	F # 3C	Female 10-11 100 Back	---	---	---
1:48.45S	F # 6C	Female 10-11 100 Fly	18	---	-16.68
3:17.80S	F # 8A	Female 11 & Under 200 Back	8	11	-3.81
40.27S	F # 11C	Female 10-11 50 Back	5	14	-2.44
1:51.06S	F # 13C	Female 10-11 100 Breast	25	---	-6.09
Bijou Speirs (13) F					
1:07.42S	F # 1E	Female 12-13 100 Free	8	11	-0.07
3:08.99S	F # 4C	Female 12-13 200 Breast	5	14	1.68
2:50.54S	F # 5C	Female 12-13 200 IM	9	9	-0.63
1:22.53S	F # 6E	Female 12-13 100 Fly	17	---	-3.29
30.68S	F # 9E	Female 12-13 50 Free	8	11	-0.29
2:28.20S	F # 10C	Female 12-13 200 Free	6	13	-6.71
1:27.93S	F # 13E	Female 12-13 100 Breast	7	12	1.85
5:16.90S	F # 14C	Female 12-13 400 Free	9	9	-26.34
Jemma Stevens (13) F					
1:08.78S	F # 1E	Female 12-13 100 Free	13	4	-3.21
1:19.71S	F # 3E	Female 12-13 100 Back	13	4	-1.46
2:53.51S	F # 5C	Female 12-13 200 IM	13	4	-2.19
2:49.22S	F # 8C	Female 12-13 200 Back	10	7	0.65
32.79S	F # 9E	Female 12-13 50 Free	25	---	1.29
2:30.45S	F # 10C	Female 12-13 200 Free	13	4	-2.32
1:34.34S	F # 13E	Female 12-13 100 Breast	14	3	0.29
5:15.52S	F # 14C	Female 12-13 400 Free	8	11	6.79
Maya Stevens (10) F					
38.74S	F # 2C	Female 10-11 50 Fly	5	14	-2.09
1:37.60S	F # 3C	Female 10-11 100 Back	20	---	0.76
55.01S	F # 7C	Female 10-11 50 Breast	14	3	-1.69
36.96S	F # 9C	Female 10-11 50 Free	19	---	-1.25
3:04.43S	F # 10A	Female 11 & Under 200 Free	18	---	0.78
2:00.79S	F # 13C	Female 10-11 100 Breast	36	---	-11.20

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

NRST Fall Invitational 29-Oct-16 to 30-Oct-16 SC Meters

Sanction: 20193 Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Atanas Tchaouchev (10) M					
43.47S	F # 2D	Male 10-11 50 Fly	5	14	-9.67
1:43.77S	F # 3D	Male 10-11 100 Back	7	12	-0.72
1:55.91S	F # 6D	Male 10-11 100 Fly	4	15	---
36.79S	F # 9D	Male 10-11 50 Free	5	14	-2.40
46.46S	F # 11D	Male 10-11 50 Back	7	12	-0.98
1:42.47S	F # 13D	Male 10-11 100 Breast	5	14	-0.41
Constantine Tchaouchev (7) M					
1:50.44S	F # 1B	Male 9 & Under 100 Free	5	14	-23.57
2:11.76S	F # 3B	Male 9 & Under 100 Back	8	11	---
1:05.86S	F # 7B	Male 9 & Under 50 Breast	4	15	-13.04
50.27S	F # 9B	Male 9 & Under 50 Free	7	12	-6.73
57.71S	F # 11B	Male 9 & Under 50 Back	7	12	-8.64
2:28.98S	F # 13B	Male 9 & Under 100 Breast	4	15	---
Emma Vizina (11) F					
1:24.54S	F # 1C	Female 10-11 100 Free	24	---	-5.14
52.40S	F # 2C	Female 10-11 50 Fly	15	2	-8.76
1:45.48S	F # 3C	Female 10-11 100 Back	30	---	0.59
52.54S	F # 7C	Female 10-11 50 Breast	10	7	-3.11
39.09S	F # 9C	Female 10-11 50 Free	27	---	-1.61
Maya Vizina (9) F					
1:40.13S	F # 1A	Female 9 & Under 100 Free	8	11	-3.36
2:02.44S	F # 3A	Female 9 & Under 100 Back	12	5	---
58.21S	F # 7A	Female 9 & Under 50 Breast	8	11	-1.13
43.68S	F # 9A	Female 9 & Under 50 Free	8	11	0.66
Ying Cai WangS13SB13SM13 (15) M					
1:09.96S	F # 1H	Male 14-15 100 Free	24	---	-1.88
35.21S	F # 2H	Male 14-15 50 Fly	8	11	---
1:28.75S	F # 3H	Male 14-15 100 Back	15	2	-3.57
1:18.26S	F # 6H	Male 14-15 100 Fly	15	2	-7.40
32.06S	F # 9H	Male 14-15 50 Free	23	---	-0.01
40.28S	F # 11H	Male 14-15 50 Back	7	12	---
1:28.62S	F # 13H	Male 14-15 100 Breast	5	14	-0.14
Jasmine Yu (12) F					
1:14.31S	F # 1E	Female 12-13 100 Free	29	---	1.22
3:18.93S	F # 4C	Female 12-13 200 Breast	15	2	-2.03
1:42.52S	F # 6E	Female 12-13 100 Fly	37	---	1.16
43.94S	F # 7E	Female 12-13 50 Breast	9	9	1.61
2:40.37S	F # 10C	Female 12-13 200 Free	20	---	1.44
1:31.79S	F # 13E	Female 12-13 100 Breast	10	7	-0.38

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

NRST Fall Invitational 29-Oct-16 to 30-Oct-16 SC Meters

Sanction: 20193 Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Samuel Yu (8) M					
2:33.95S DQ	F # 1B	Male 9 & Under 100 Free	---	---	---
2:34.47S DQ	F # 3B	Male 9 & Under 100 Back	---	---	---
NS	F # 7B	Male 9 & Under 50 Breast	---	---	---
1:06.60S	F # 9B	Male 9 & Under 50 Free	11	6	---
1:11.16S DQ	F # 11B	Male 9 & Under 50 Back	---	---	---