

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

**2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters**

**Location: Nanaimo Aquatic Centre**

**UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks**

| Time                                 | F/P/S    | Event                       | Place | Points | Improv |
|--------------------------------------|----------|-----------------------------|-------|--------|--------|
| <b>Charlotte Alexander (14) F</b>    |          |                             |       |        |        |
| 36.24L                               | F # 5B   | Female 13-14 50 Back        | 6     | 13     | -0.43  |
| 37.16L                               | P # 5B   | Female 13-14 50 Back        | 8     | ---    | 0.49   |
| 2:51.22L                             | P # 7B   | Female 13-14 200 IM         | 13    | ---    | -2.81  |
| 31.64L                               | P # 9B   | Female 13-14 50 Free        | 18    | ---    | 0.44   |
| 1:20.96L                             | P # 17B  | Female 13-14 100 Back       | 17    | ---    | 0.48   |
| 2:31.46L                             | P # 19B  | Female 13-14 200 Free       | 17    | ---    | -2.05  |
| 2:37.36L                             | F # 19B  | Female 13-14 200 Free       | 16    | ---    | 3.85   |
| 34.40L                               | P # 21B  | Female 13-14 50 Fly         | 11    | ---    | 1.41   |
| 1:11.93L                             | P # 25B  | Female 13-14 100 Free       | 30    | ---    | 2.70   |
| 3:03.31L                             | P # 29B  | Female 13-14 200 Back       | 24    | ---    | 12.13  |
| 1:25.90L                             | F # 31B  | Female 13-14 100 Fly        | 8     | 11     | 2.70   |
| 1:26.60L                             | P # 31B  | Female 13-14 100 Fly        | 8     | ---    | 3.40   |
| 36.05L                               | F # 306B | 200 Medley Relay Lead Off   | ---   | ---    | -0.62  |
| <b>Trinity Aragon-Scriven (15) F</b> |          |                             |       |        |        |
| 1:26.98L                             | F # 1C   | Female 15 & Over 100 Breast | 4     | 15     | 4.49   |
| 1:28.05L                             | P # 1C   | Female 15 & Over 100 Breast | 4     | ---    | 5.56   |
| 35.79L                               | P # 5C   | Female 15 & Over 50 Back    | 9     | ---    | -0.85  |
| 2:49.83L                             | P # 7C   | Female 15 & Over 200 IM     | 10    | ---    | 4.37   |
| 30.99L                               | P # 9C   | Female 15 & Over 50 Free    | 15    | ---    | 1.08   |
| 1:16.60L                             | P # 17C  | Female 15 & Over 100 Back   | 12    | ---    | 1.95   |
| NS                                   | P # 23C  | Female 15 & Over 200 Breast | ---   | ---    | ---    |
| 1:10.74L                             | P # 25C  | Female 15 & Over 100 Free   | 27    | ---    | 3.42   |
| 37.86L                               | F # 27C  | Female 15 & Over 50 Breast  | 7     | 12     | 1.04   |
| 39.48L                               | P # 27C  | Female 15 & Over 50 Breast  | 7     | ---    | 2.66   |
| 2:41.15L                             | F # 29C  | Female 15 & Over 200 Back   | 5     | 14     | -1.19  |
| 2:43.27L                             | P # 29C  | Female 15 & Over 200 Back   | 5     | ---    | 0.93   |

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|--------------------------------------|----------|---------------------------|-------|--------|--------|
| <b>Griffin Arnatt (13) M</b>         |          |                           |       |        |        |
| 1:22.28L                             | F # 2B   | Male 13-14 100 Breast     | 3     | 20     | -5.77  |
| 1:23.20L                             | P # 2B   | Male 13-14 100 Breast     | 3     | ---    | -4.85  |
| 2:31.83L                             | F # 8B   | Male 13-14 200 IM         | 2     | 30     | -6.34  |
| 2:37.54L                             | P # 8B   | Male 13-14 200 IM         | 6     | ---    | -0.63  |
| 28.40L                               | F # 10B  | Male 13-14 50 Free        | 4     | 15     | -0.67  |
| 28.48L                               | P # 10B  | Male 13-14 50 Free        | 4     | ---    | -0.59  |
| 1:10.22L                             | P # 18B  | Male 13-14 100 Back       | 2     | ---    | -0.90  |
| 1:10.43L                             | F # 18B  | Male 13-14 100 Back       | 4     | 15     | -0.69  |
| 2:18.34L                             | P # 20B  | Male 13-14 200 Free       | 4     | ---    | 2.57   |
| 2:18.63L                             | F # 20B  | Male 13-14 200 Free       | 6     | 13     | 2.86   |
| 2:59.37L                             | P # 24B  | Male 13-14 200 Breast     | 3     | ---    | ---    |
| 3:00.15L                             | F # 24B  | Male 13-14 200 Breast     | 6     | 13     | ---    |
| 1:01.43L                             | F # 26B  | Male 13-14 100 Free       | 2     | 30     | -0.91  |
| 1:02.35L                             | P # 26B  | Male 13-14 100 Free       | 2     | ---    | 0.01   |
| 2:33.27L                             | F # 30B  | Male 13-14 200 Back       | 5     | 14     | 0.16   |
| 2:34.78L                             | P # 30B  | Male 13-14 200 Back       | 5     | ---    | 1.67   |
| 4:49.65L                             | F # 34B  | Male 13-14 400 Free       | 5     | 14     | 2.68   |
| 32.29L                               | F # 307B | 200 Medley Relay Lead Off | ---   | ---    | -1.88  |
| <b>Emma Attwell (14) F</b>           |          |                           |       |        |        |
| 33.32L                               | F # 5B   | Female 13-14 50 Back      | 2     | 30     | 0.28   |
| 34.34L                               | P # 5B   | Female 13-14 50 Back      | 2     | ---    | 1.30   |
| 2:48.00L                             | P # 7B   | Female 13-14 200 IM       | 11    | ---    | -0.12  |
| 29.44L                               | F # 9B   | Female 13-14 50 Free      | 3     | 20     | 0.44   |
| 29.66L                               | P # 9B   | Female 13-14 50 Free      | 3     | ---    | 0.66   |
| <b>Allison Ballantyne (19) F (1)</b> |          |                           |       |        |        |
| NS                                   | P # 19C  | Female 15 & Over 200 Free | ---   | ---    | ---    |
| NS                                   | P # 25C  | Female 15 & Over 100 Free | ---   | ---    | ---    |
| 28.51L                               | F # 301D | 200 Free Relay Lead Off   | ---   | ---    | 0.58   |
| <b>Adelina Benn (13) F</b>           |          |                           |       |        |        |
| 1:23.08L                             | F # 1B   | Female 13-14 100 Breast   | 3     | 20     | -1.63  |
| 1:26.50L                             | P # 1B   | Female 13-14 100 Breast   | 3     | ---    | 1.79   |
| 2:52.42L                             | P # 7B   | Female 13-14 200 IM       | 14    | ---    | -0.12  |
| 32.47L                               | P # 9B   | Female 13-14 50 Free      | 21    | ---    | 0.71   |
| 6:06.42L                             | F # 15B  | Female 13-14 400 IM       | 7     | 12     | 4.82   |
| 2:30.76L                             | P # 19B  | Female 13-14 200 Free     | 13    | ---    | -0.67  |
| 2:34.07L                             | F # 19B  | Female 13-14 200 Free     | 15    | ---    | 2.64   |
| 2:59.45L                             | F # 23B  | Female 13-14 200 Breast   | 4     | 15     | 1.15   |
| 2:59.73L                             | P # 23B  | Female 13-14 200 Breast   | 3     | ---    | 1.43   |
| 1:09.97L                             | P # 25B  | Female 13-14 100 Free     | 21    | ---    | -2.33  |
| 38.52L                               | F # 27B  | Female 13-14 50 Breast    | 4     | 15     | -1.82  |
| 39.23L                               | P # 27B  | Female 13-14 50 Breast    | 4     | ---    | -1.11  |
| 32.21L                               | F # 301C | 200 Free Relay Lead Off   | ---   | ---    | 0.45   |

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|------------------------------|----------|------------------------------|-------|--------|--------|
| <b>Sabine Black (14) F</b>   |          |                              |       |        |        |
| 1:29.67L                     | P # 1B   | Female 13-14 100 Breast      | 5     | ---    | 1.24   |
| 1:30.96L                     | F # 1B   | Female 13-14 100 Breast      | 8     | 11     | 2.53   |
| 32.97L                       | P # 9B   | Female 13-14 50 Free         | 26    | ---    | -0.17  |
| 2:32.86L                     | P # 19B  | Female 13-14 200 Free        | 18    | ---    | -4.18  |
| 3:09.82L                     | F # 23B  | Female 13-14 200 Breast      | 6     | 13     | -4.80  |
| 3:11.96L                     | P # 23B  | Female 13-14 200 Breast      | 7     | ---    | -2.66  |
| 41.01L                       | F # 27B  | Female 13-14 50 Breast       | 5     | 14     | -0.94  |
| 43.14L                       | P # 27B  | Female 13-14 50 Breast       | 6     | ---    | 1.19   |
| NS                           | F # 33B  | Female 13-14 400 Free        | ---   | ---    | ---    |
| <b>Sidney Boone (12) F</b>   |          |                              |       |        |        |
| 2:53.69L                     | P # 3A   | Female 12 & Under 200 Fly    | 3     | ---    | -4.07  |
| 2:59.57L                     | F # 3A   | Female 12 & Under 200 Fly    | 3     | 20     | 1.81   |
| 2:53.65L                     | P # 7A   | Female 12 & Under 200 IM     | 8     | ---    | 3.82   |
| 2:55.28L                     | F # 7A   | Female 12 & Under 200 IM     | 7     | 12     | 5.45   |
| 31.80L                       | P # 9A   | Female 12 & Under 50 Free    | 6     | ---    | -4.29  |
| 32.23L                       | F # 9A   | Female 12 & Under 50 Free    | 6     | 13     | -3.86  |
| 10:49.45L                    | F # 11A  | Female 12 & Under 800 Free   | 2     | ---    | ---    |
| 6:07.78L                     | F # 15A  | Female 12 & Under 400 IM     | 5     | 14     | 2.27   |
| 3:28.73L                     | P # 23A  | Female 12 & Under 200 Breast | 12    | ---    | -0.91  |
| 1:09.01L                     | F # 25A  | Female 12 & Under 100 Free   | 7     | 12     | 0.34   |
| 1:09.16L                     | P # 25A  | Female 12 & Under 100 Free   | 5     | ---    | 0.49   |
| 2:55.04L                     | P # 29A  | Female 12 & Under 200 Back   | 9     | ---    | -0.78  |
| 1:13.78L                     | F # 31A  | Female 12 & Under 100 Fly    | 3     | 20     | -2.86  |
| 1:16.01L                     | P # 31A  | Female 12 & Under 100 Fly    | 2     | ---    | -0.63  |
| <b>Mackenzie Braun (9) F</b> |          |                              |       |        |        |
| 46.40L                       | F # 105A | Female 10 & Under 50 Back    | 9     | ---    | -2.29  |
| 3:49.26L                     | F # 107A | Female 10 & Under 200 IM     | 13    | ---    | ---    |
| 1:28.35L                     | P # 111A | Female 10 & Under 100 Free   | 14    | ---    | -7.57  |
| 45.65L                       | F # 113A | Female 10 & Under 50 Fly     | 8     | ---    | -5.73  |
| 3:20.77L                     | F # 115A | Female 10 & Under 200 Free   | 14    | ---    | -7.10  |
| 38.53L                       | F # 119A | Female 10 & Under 50 Free    | 11    | ---    | -1.07  |
| <b>Alex Camaraire (11) M</b> |          |                              |       |        |        |
| 40.95L                       | F # 6A   | Male 12 & Under 50 Back      | 6     | 13     | -5.41  |
| 41.34L                       | P # 6A   | Male 12 & Under 50 Back      | 7     | ---    | -5.02  |
| 3:17.71L                     | P # 8A   | Male 12 & Under 200 IM       | 19    | ---    | 5.17   |
| 35.25L                       | P # 10A  | Male 12 & Under 50 Free      | 13    | ---    | -2.87  |
| 1:31.22L                     | P # 18A  | Male 12 & Under 100 Back     | 15    | ---    | 1.30   |
| 2:53.56L                     | P # 20A  | Male 12 & Under 200 Free     | 17    | ---    | 1.28   |
| 1:20.86L                     | P # 26A  | Male 12 & Under 100 Free     | 24    | ---    | 11.52  |
| 3:13.31L                     | P # 30A  | Male 12 & Under 200 Back     | 13    | ---    | ---    |
| 6:08.82L                     | F # 34A  | Male 12 & Under 400 Free     | 15    | ---    | 6.56   |

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|-------------------------------|----------|------------------------------|-------|--------|--------|
| <b>Thomas Chapman (16) M</b>  |          |                              |       |        |        |
| 2:04.19L                      | F # 20C  | Male 15 & Over 200 Free      | 3     | 20     | -3.59  |
| 2:07.34L                      | P # 20C  | Male 15 & Over 200 Free      | 8     | ---    | -0.44  |
| 2:34.26L                      | F # 24C  | Male 15 & Over 200 Breast    | 1     | 50     | 5.62   |
| 2:39.04L                      | P # 24C  | Male 15 & Over 200 Breast    | 1     | ---    | 10.40  |
| 2:16.56L                      | F # 30C  | Male 15 & Over 200 Back      | 1     | 50     | 2.88   |
| 2:21.24L                      | P # 30C  | Male 15 & Over 200 Back      | 2     | ---    | 7.56   |
| 29.46L                        | F # 307C | 200 Medley Relay Lead Off    | ---   | ---    | 0.04   |
| <b>Lily Chen (15) F</b>       |          |                              |       |        |        |
| 32.19L                        | P # 5C   | Female 15 & Over 50 Back     | 2     | ---    | 0.82   |
| 32.21L                        | F # 5C   | Female 15 & Over 50 Back     | 3     | 20     | 0.84   |
| 27.90L                        | F # 9C   | Female 15 & Over 50 Free     | 2     | 30     | 1.09   |
| 28.04L                        | P # 9C   | Female 15 & Over 50 Free     | 3     | ---    | 1.23   |
| 1:09.40L                      | P # 17C  | Female 15 & Over 100 Back    | 1     | ---    | 2.76   |
| 1:09.66L                      | F # 17C  | Female 15 & Over 100 Back    | 3     | 20     | 3.02   |
| 2:13.05L                      | F # 19C  | Female 15 & Over 200 Free    | 4     | 15     | -1.76  |
| 2:14.18L                      | P # 19C  | Female 15 & Over 200 Free    | 3     | ---    | -0.63  |
| <b>Marcus Chen (12) M</b>     |          |                              |       |        |        |
| 1:37.66L                      | P # 2A   | Male 12 & Under 100 Breast   | 5     | ---    | 1.90   |
| 1:37.87L                      | F # 2A   | Male 12 & Under 100 Breast   | 6     | 13     | 2.11   |
| 3:39.05L DQ                   | P # 4A   | Male 12 & Under 200 Fly      | ---   | ---    | ---    |
| 3:06.48L                      | P # 8A   | Male 12 & Under 200 IM       | 11    | ---    | 1.60   |
| 6:36.76L DQ                   | F # 16A  | Male 12 & Under 400 IM       | ---   | ---    | ---    |
| 3:27.41L                      | P # 24A  | Male 12 & Under 200 Breast   | 6     | ---    | -2.73  |
| 3:28.03L                      | F # 24A  | Male 12 & Under 200 Breast   | 7     | 12     | -2.11  |
| 1:13.82L                      | P # 26A  | Male 12 & Under 100 Free     | 14    | ---    | 0.52   |
| 1:14.02L                      | F # 26A  | Male 12 & Under 100 Free     | 14    | ---    | 0.72   |
| 43.01L                        | F # 28A  | Male 12 & Under 50 Breast    | 4     | 15     | ---    |
| 43.40L                        | P # 28A  | Male 12 & Under 50 Breast    | 3     | ---    | ---    |
| 1:36.08L                      | P # 32A  | Male 12 & Under 100 Fly      | 10    | ---    | 0.01   |
| <b>Mila Chernenkoff (9) F</b> |          |                              |       |        |        |
| 2:09.84L                      | P # 101A | Female 10 & Under 100 Breast | 16    | ---    | -7.38  |
| 46.95L                        | F # 105A | Female 10 & Under 50 Back    | 11    | ---    | -4.43  |
| 4:04.89L                      | F # 107A | Female 10 & Under 200 IM     | 18    | ---    | ---    |
| <b>Brendan Chow (16) M</b>    |          |                              |       |        |        |
| 5:47.82L                      | F # 16C  | Male 15 & Over 400 IM        | 5     | 14     | -0.27  |
| 2:15.02L                      | P # 20C  | Male 15 & Over 200 Free      | 18    | ---    | -1.48  |
| 3:11.13L                      | P # 24C  | Male 15 & Over 200 Breast    | 11    | ---    | 2.04   |
| 1:00.70L                      | P # 26C  | Male 15 & Over 100 Free      | 15    | ---    | -1.61  |
| 1:17.02L                      | P # 32C  | Male 15 & Over 100 Fly       | 12    | ---    | -0.73  |
| 4:59.43L                      | F # 34C  | Male 15 & Over 400 Free      | 8     | 11     | 5.64   |

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|----------------------------|----------|---------------------------|-------|--------|--------|
| <b>Nathan Chow (14) M</b>  |          |                           |       |        |        |
| 1:20.59L                   | F # 2B   | Male 13-14 100 Breast     | 2     | 30     | 0.08   |
| 1:21.66L                   | P # 2B   | Male 13-14 100 Breast     | 2     | ---    | 1.15   |
| 2:36.96L                   | P # 8B   | Male 13-14 200 IM         | 4     | ---    | -1.50  |
| 2:37.07L                   | F # 8B   | Male 13-14 200 IM         | 5     | 14     | -1.39  |
| 27.66L                     | P # 10B  | Male 13-14 50 Free        | 1     | ---    | -0.12  |
| 27.94L                     | F # 10B  | Male 13-14 50 Free        | 3     | 20     | 0.16   |
| 5:52.71L                   | F # 16B  | Male 13-14 400 IM         | 8     | 11     | 5.98   |
| 1:11.30L                   | F # 18B  | Male 13-14 100 Back       | 6     | 13     | -0.98  |
| 1:11.95L                   | P # 18B  | Male 13-14 100 Back       | 6     | ---    | -0.33  |
| 2:57.15L                   | F # 24B  | Male 13-14 200 Breast     | 5     | 14     | -8.54  |
| 2:57.87L                   | P # 24B  | Male 13-14 200 Breast     | 2     | ---    | -7.82  |
| 1:04.12L                   | P # 26B  | Male 13-14 100 Free       | 7     | ---    | 1.21   |
| 1:04.32L                   | F # 26B  | Male 13-14 100 Free       | 8     | 11     | 1.41   |
| 2:36.72L                   | P # 30B  | Male 13-14 200 Back       | 2     | ---    | 3.22   |
| 2:38.21L                   | F # 30B  | Male 13-14 200 Back       | 5     | 14     | 4.71   |
| 1:14.23L                   | P # 32B  | Male 13-14 100 Fly        | 6     | ---    | -0.44  |
| 1:14.60L                   | F # 32B  | Male 13-14 100 Fly        | 5     | 14     | -0.07  |
| 27.51L                     | F # 302C | 200 Free Relay Lead Off   | ---   | ---    | -0.27  |
| <b>Jordan Cowan (16) M</b> |          |                           |       |        |        |
| 1:14.76L                   | F # 2C   | Male 15 & Over 100 Breast | 4     | 15     | -0.20  |
| 1:17.23L                   | P # 2C   | Male 15 & Over 100 Breast | 5     | ---    | 2.27   |
| 26.83L                     | F # 10C  | Male 15 & Over 50 Free    | 3     | 20     | -0.32  |
| 27.08L                     | P # 10C  | Male 15 & Over 50 Free    | 7     | ---    | -0.07  |
| 17:39.13L                  | F # 14C  | Male 15 & Over 1500 Free  | 1     | ---    | 35.15  |
| 2:05.25L                   | P # 20C  | Male 15 & Over 200 Free   | 6     | ---    | 4.63   |
| 2:39.94L                   | F # 24C  | Male 15 & Over 200 Breast | 4     | 15     | 4.02   |
| 2:43.71L                   | P # 24C  | Male 15 & Over 200 Breast | 2     | ---    | 7.79   |
| 56.23L                     | F # 26C  | Male 15 & Over 100 Free   | 3     | 20     | -0.37  |
| 56.78L                     | P # 26C  | Male 15 & Over 100 Free   | 5     | ---    | 0.18   |
| 4:26.90L                   | F # 34C  | Male 15 & Over 400 Free   | 3     | 20     | 9.89   |

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|-------------------------------|----------|------------------------------|-------|--------|--------|
| <b>Nolan Crisp (12) M</b>     |          |                              |       |        |        |
| 31.07L                        | P # 6A   | Male 12 & Under 50 Back      | 1     | ---    | -0.06  |
| 31.25L                        | F # 6A   | Male 12 & Under 50 Back      | 1     | 50     | 0.12   |
| 2:35.08L                      | F # 8A   | Male 12 & Under 200 IM       | 1     | 50     | -0.45  |
| 2:39.24L                      | P # 8A   | Male 12 & Under 200 IM       | 2     | ---    | 3.71   |
| 5:23.57L                      | F # 16A  | Male 12 & Under 400 IM       | 2     | 30     | -1.96  |
| 1:07.04L                      | F # 18A  | Male 12 & Under 100 Back     | 1     | 50     | 1.24   |
| 1:07.34L                      | P # 18A  | Male 12 & Under 100 Back     | 1     | ---    | 1.54   |
| 2:17.91L                      | F # 20A  | Male 12 & Under 200 Free     | 2     | 30     | 1.57   |
| 2:20.10L                      | P # 20A  | Male 12 & Under 200 Free     | 2     | ---    | 3.76   |
| 1:01.49L                      | F # 26A  | Male 12 & Under 100 Free     | 2     | 30     | -0.44  |
| 1:01.56L                      | P # 26A  | Male 12 & Under 100 Free     | 1     | ---    | -0.37  |
| 2:29.58L                      | P # 30A  | Male 12 & Under 200 Back     | 1     | ---    | 6.76   |
| 2:24.94L DQ                   | F # 30A  | Male 12 & Under 200 Back     | ---   | ---    | ---    |
| 1:10.44L                      | F # 32A  | Male 12 & Under 100 Fly      | 1     | 50     | 2.26   |
| 1:11.94L                      | P # 32A  | Male 12 & Under 100 Fly      | 1     | ---    | 3.76   |
| 4:47.16L                      | F # 34A  | Male 12 & Under 400 Free     | 2     | 30     | -1.11  |
| 30.56L                        | F # 307A | 200 Medley Relay Lead Off    | ---   | ---    | -0.57  |
| <b>Sebastian Damian (9) M</b> |          |                              |       |        |        |
| 2:04.74L                      | P # 101B | Male 10 & Under 100 Breast   | 11    | ---    | -1.43  |
| 48.83L                        | F # 105B | Male 10 & Under 50 Back      | 12    | ---    | -3.48  |
| 3:55.75L                      | F # 107B | Male 10 & Under 200 IM       | 13    | ---    | 8.72   |
| 1:41.33L                      | P # 109B | Male 10 & Under 100 Back     | 11    | ---    | 1.00   |
| 1:30.97L                      | P # 111B | Male 10 & Under 100 Free     | 15    | ---    | 0.18   |
| 58.48L                        | F # 113B | Male 10 & Under 50 Fly       | 14    | ---    | 0.91   |
| <b>Thea Damian (12) F</b>     |          |                              |       |        |        |
| 1:39.28L                      | P # 1A   | Female 12 & Under 100 Breast | 14    | ---    | -2.83  |
| 3:14.79L                      | P # 7A   | Female 12 & Under 200 IM     | 25    | ---    | -3.83  |
| 35.25L                        | P # 9A   | Female 12 & Under 50 Free    | 31    | ---    | -0.17  |
| 1:34.98L                      | P # 17A  | Female 12 & Under 100 Back   | 35    | ---    | -1.90  |
| 44.47L                        | P # 21A  | Female 12 & Under 50 Fly     | 16    | ---    | -4.47  |
| 3:27.58L                      | P # 23A  | Female 12 & Under 200 Breast | 10    | ---    | -2.07  |
| <b>Simon de Rosnay (13) M</b> |          |                              |       |        |        |
| 2:58.73L                      | P # 8B   | Male 13-14 200 IM            | 14    | ---    | 4.02   |
| 32.07L                        | P # 10B  | Male 13-14 50 Free           | 16    | ---    | -0.68  |
| 22:00.95L                     | F # 14B  | Male 13-14 1500 Free         | 4     | ---    | 28.47  |
| 6:15.60L DQ                   | F # 16B  | Male 13-14 400 IM            | ---   | ---    | ---    |
| 1:23.59L                      | P # 18B  | Male 13-14 100 Back          | 19    | ---    | 0.88   |
| 2:36.31L                      | P # 20B  | Male 13-14 200 Free          | 20    | ---    | -1.51  |
| 1:10.97L                      | P # 26B  | Male 13-14 100 Free          | 22    | ---    | -5.55  |
| 2:52.67L                      | P # 30B  | Male 13-14 200 Back          | 14    | ---    | -6.27  |
| 5:28.27L                      | F # 34B  | Male 13-14 400 Free          | 13    | ---    | -5.95  |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                          | F/P/S    | Event                       | Place | Points | Improv |
|-------------------------------|----------|-----------------------------|-------|--------|--------|
| <b>Nora Dietsch (9) F</b>     |          |                             |       |        |        |
| 1:52.12L                      | P # 109A | Female 10 & Under 100 Back  | 23    | ---    | ---    |
| 1:35.84L                      | P # 111A | Female 10 & Under 100 Free  | 25    | ---    | ---    |
| 1:00.24L                      | F # 113A | Female 10 & Under 50 Fly    | 16    | ---    | 3.57   |
| 3:21.90L                      | F # 115A | Female 10 & Under 200 Free  | 15    | ---    | -10.85 |
| 1:05.55L                      | F # 117A | Female 10 & Under 50 Breast | 16    | ---    | ---    |
| 42.74L                        | F # 119A | Female 10 & Under 50 Free   | 17    | ---    | -1.82  |
| <b>Kieran Feenstra (11) M</b> |          |                             |       |        |        |
| 1:40.20L                      | P # 2A   | Male 12 & Under 100 Breast  | 8     | ---    | -1.40  |
| 1:41.22L                      | F # 2A   | Male 12 & Under 100 Breast  | 8     | 11     | -0.38  |
| 3:21.81L DQ                   | P # 8A   | Male 12 & Under 200 IM      | ---   | ---    | ---    |
| 35.04L                        | P # 10A  | Male 12 & Under 50 Free     | 11    | ---    | -4.32  |
| 1:29.49L                      | P # 18A  | Male 12 & Under 100 Back    | 13    | ---    | 0.78   |
| 2:55.65L                      | P # 20A  | Male 12 & Under 200 Free    | 19    | ---    | 1.39   |
| 3:25.29L                      | F # 24A  | Male 12 & Under 200 Breast  | 5     | 14     | -12.41 |
| 3:28.53L                      | P # 24A  | Male 12 & Under 200 Breast  | 7     | ---    | -9.17  |
| 1:18.53L                      | P # 26A  | Male 12 & Under 100 Free    | 20    | ---    | -2.85  |
| 6:13.88L                      | F # 34A  | Male 12 & Under 400 Free    | 18    | ---    | -16.11 |
| <b>Yingao Gao (14) M</b>      |          |                             |       |        |        |
| 1:30.40L                      | P # 2B   | Male 13-14 100 Breast       | 6     | ---    | -1.34  |
| 1:30.51L                      | F # 2B   | Male 13-14 100 Breast       | 6     | 13     | -1.23  |
| 2:45.91L DQ                   | P # 8B   | Male 13-14 200 IM           | ---   | ---    | ---    |
| 28.77L                        | P # 10B  | Male 13-14 50 Free          | 6     | ---    | -0.22  |
| 29.00L                        | F # 10B  | Male 13-14 50 Free          | 6     | 13     | 0.01   |
| 1:16.91L                      | P # 18B  | Male 13-14 100 Back         | 15    | ---    | ---    |
| 2:31.76L                      | P # 20B  | Male 13-14 200 Free         | 18    | ---    | 1.78   |
| 3:17.86L                      | P # 24B  | Male 13-14 200 Breast       | 9     | ---    | -0.63  |
| 1:04.87L                      | P # 26B  | Male 13-14 100 Free         | 11    | ---    | 0.28   |
| 2:55.14L                      | P # 30B  | Male 13-14 200 Back         | 15    | ---    | -14.42 |
| 1:13.46L                      | P # 32B  | Male 13-14 100 Fly          | 4     | ---    | 0.06   |
| 1:17.48L                      | F # 32B  | Male 13-14 100 Fly          | 7     | 12     | 4.08   |
| 29.31L                        | F # 302C | 200 Free Relay Lead Off     | ---   | ---    | 0.32   |
| <b>Dexter Gilbert (15) M</b>  |          |                             |       |        |        |
| 5:40.88L                      | F # 16C  | Male 15 & Over 400 IM       | 4     | 15     | ---    |
| 2:24.84L                      | P # 20C  | Male 15 & Over 200 Free     | 21    | ---    | -7.98  |
| 2:48.59L                      | F # 24C  | Male 15 & Over 200 Breast   | 6     | 13     | -1.57  |
| 2:49.61L                      | P # 24C  | Male 15 & Over 200 Breast   | 6     | ---    | -0.55  |
| 1:06.77L                      | P # 26C  | Male 15 & Over 100 Free     | 21    | ---    | -4.84  |
| 36.87L                        | P # 28C  | Male 15 & Over 50 Breast    | 6     | ---    | -1.06  |
| 5:06.51L                      | F # 34C  | Male 15 & Over 400 Free     | 9     | ---    | ---    |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                                 | F/P/S    | Event                     | Place | Points | Improv  |
|--------------------------------------|----------|---------------------------|-------|--------|---------|
| <b>Hamish Gilbert (9) M</b>          |          |                           |       |        |         |
| 1:54.80L                             | P # 109B | Male 10 & Under 100 Back  | 22    | ---    | 2.17    |
| 1:45.67L                             | P # 111B | Male 10 & Under 100 Free  | 26    | ---    | ---     |
| 1:03.70L                             | F # 113B | Male 10 & Under 50 Fly    | 15    | ---    | ---     |
| 54.65L                               | F # 117B | Male 10 & Under 50 Breast | 7     | 12     | ---     |
| 45.42L                               | F # 119B | Male 10 & Under 50 Free   | 22    | ---    | 2.38    |
| <b>Alonso Gutierrez (12) M</b>       |          |                           |       |        |         |
| 2:35.13L                             | F # 8A   | Male 12 & Under 200 IM    | 2     | 30     | -0.20   |
| 2:39.03L                             | P # 8A   | Male 12 & Under 200 IM    | 1     | ---    | 3.70    |
| 28.67L                               | F # 10A  | Male 12 & Under 50 Free   | 1     | 50     | -0.14   |
| 29.20L                               | P # 10A  | Male 12 & Under 50 Free   | 1     | ---    | 0.39    |
| 18:49.29L                            | F # 14A  | Male 12 & Under 1500 Free | 1     | ---    | -142.71 |
| 5:20.60L                             | F # 16A  | Male 12 & Under 400 IM    | 1     | 50     | -4.37   |
| 1:10.71L                             | F # 18A  | Male 12 & Under 100 Back  | 2     | 30     | -2.59   |
| 1:12.62L                             | P # 18A  | Male 12 & Under 100 Back  | 2     | ---    | -0.68   |
| 2:12.67L                             | F # 20A  | Male 12 & Under 200 Free  | 1     | 50     | -1.17   |
| 2:14.74L                             | P # 20A  | Male 12 & Under 200 Free  | 1     | ---    | 0.90    |
| 1:00.75L                             | F # 26A  | Male 12 & Under 100 Free  | 1     | 50     | -0.65   |
| 1:01.59L                             | P # 26A  | Male 12 & Under 100 Free  | 2     | ---    | 0.19    |
| 2:32.47L                             | F # 30A  | Male 12 & Under 200 Back  | 1     | 50     | -1.55   |
| 2:36.05L                             | P # 30A  | Male 12 & Under 200 Back  | 2     | ---    | 2.03    |
| 4:42.07L                             | F # 34A  | Male 12 & Under 400 Free  | 1     | 50     | -7.00   |
| 28.78L                               | F # 302B | 200 Free Relay Lead Off   | ---   | ---    | -0.03   |
| <b>Juan Antonio Gutierrez (16) M</b> |          |                           |       |        |         |
| 5:03.60L                             | F # 16C  | Male 15 & Over 400 IM     | 3     | 20     | 7.74    |
| 2:03.14L                             | P # 20C  | Male 15 & Over 200 Free   | 2     | ---    | 1.62    |
| 2:05.96L                             | F # 20C  | Male 15 & Over 200 Free   | 5     | 14     | 4.44    |
| 56.28L                               | F # 26C  | Male 15 & Over 100 Free   | 4     | 15     | -0.12   |
| 57.91L                               | P # 26C  | Male 15 & Over 100 Free   | 7     | ---    | 1.51    |
| 2:19.86L                             | F # 30C  | Male 15 & Over 200 Back   | 2     | 30     | 1.98    |
| 2:24.49L                             | P # 30C  | Male 15 & Over 200 Back   | 3     | ---    | 6.61    |
| 4:18.86L                             | F # 34C  | Male 15 & Over 400 Free   | 1     | 50     | 6.53    |
| <b>Julia Hajash (13) F</b>           |          |                           |       |        |         |
| 1:34.01L                             | P # 1B   | Female 13-14 100 Breast   | 11    | ---    | 2.63    |
| 3:02.85L                             | P # 7B   | Female 13-14 200 IM       | 20    | ---    | 3.27    |
| 2:37.47L                             | P # 19B  | Female 13-14 200 Free     | 26    | ---    | 1.32    |
| NS                                   | P # 23B  | Female 13-14 200 Breast   | ---   | ---    | ---     |
| 1:13.10L                             | P # 25B  | Female 13-14 100 Free     | 33    | ---    | 0.29    |
| 5:36.18L                             | F # 33B  | Female 13-14 400 Free     | 17    | ---    | ---     |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                       | F/P/S    | Event                        | Place | Points | Improv |
|----------------------------|----------|------------------------------|-------|--------|--------|
| <b>Lucy Hallett (12) F</b> |          |                              |       |        |        |
| 1:35.73L                   | P # 1A   | Female 12 & Under 100 Breast | 11    | ---    | -1.87  |
| 32.29L                     | F # 9A   | Female 12 & Under 50 Free    | 10    | ---    | -0.17  |
| 32.56L                     | P # 9A   | Female 12 & Under 50 Free    | 10    | ---    | 0.10   |
| 10:49.41L                  | F # 11A  | Female 12 & Under 800 Free   | 1     | ---    | -23.07 |
| 21:34.88L                  | F # 13A  | Female 12 & Under 1500 Free  | 3     | 20     | 23.25  |
| 6:13.66L                   | F # 15A  | Female 12 & Under 400 IM     | 6     | 13     | 10.47  |
| 1:20.89L                   | P # 17A  | Female 12 & Under 100 Back   | 7     | ---    | -2.54  |
| 1:26.42L                   | F # 17A  | Female 12 & Under 100 Back   | 8     | 11     | 2.99   |
| 2:36.19L                   | P # 19A  | Female 12 & Under 200 Free   | 7     | ---    | 1.96   |
| 2:42.02L                   | F # 19A  | Female 12 & Under 200 Free   | 8     | 11     | 7.79   |
| 1:20.52L                   | P # 31A  | Female 12 & Under 100 Fly    | 6     | ---    | -0.36  |
| 1:20.70L                   | F # 31A  | Female 12 & Under 100 Fly    | 6     | 13     | -0.18  |
| 5:20.20L                   | F # 33A  | Female 12 & Under 400 Free   | 3     | 20     | 1.93   |
| 37.56L                     | F # 306A | 200 Medley Relay Lead Off    | ---   | ---    | -0.17  |
| <b>Erik Harper (20) M</b>  |          |                              |       |        |        |
| 1:14.99L                   | P # 2C   | Male 15 & Over 100 Breast    | 3     | ---    | 1.68   |
| 1:18.19L                   | F # 2C   | Male 15 & Over 100 Breast    | 5     | 14     | 4.88   |
| 26.15L                     | P # 10C  | Male 15 & Over 50 Free       | 2     | ---    | 1.15   |
| 26.86L                     | F # 10C  | Male 15 & Over 50 Free       | 4     | 15     | 1.86   |
| 1:14.20L DQ                | P # 18C  | Male 15 & Over 100 Back      | ---   | ---    | ---    |
| 28.67L                     | F # 22C  | Male 15 & Over 50 Fly        | 5     | 14     | 1.29   |
| 29.03L                     | P # 22C  | Male 15 & Over 50 Fly        | 7     | ---    | 1.65   |
| 57.97L                     | P # 26C  | Male 15 & Over 100 Free      | 8     | ---    | 3.99   |
| 1:00.98L                   | F # 26C  | Male 15 & Over 100 Free      | 8     | 11     | 7.00   |
| 34.90L                     | P # 28C  | Male 15 & Over 50 Breast     | 3     | ---    | 2.22   |
| 35.83L                     | F # 28C  | Male 15 & Over 50 Breast     | 4     | 15     | 3.15   |
| 26.48L                     | F # 302D | 200 Free Relay Lead Off      | ---   | ---    | 1.48   |
| <b>Imogen Hawes (12) F</b> |          |                              |       |        |        |
| 2:49.52L                   | F # 3A   | Female 12 & Under 200 Fly    | 2     | 30     | -4.40  |
| 2:52.09L                   | P # 3A   | Female 12 & Under 200 Fly    | 1     | ---    | -1.83  |
| 2:51.47L                   | F # 7A   | Female 12 & Under 200 IM     | 6     | 13     | 2.51   |
| 2:52.08L                   | P # 7A   | Female 12 & Under 200 IM     | 5     | ---    | 3.12   |
| 32.96L                     | P # 9A   | Female 12 & Under 50 Free    | 16    | ---    | 1.23   |
| 33.13L                     | F # 9A   | Female 12 & Under 50 Free    | 13    | ---    | 1.40   |
| 11:08.35L                  | F # 11A  | Female 12 & Under 800 Free   | 3     | ---    | -10.73 |
| 5:53.05L                   | F # 15A  | Female 12 & Under 400 IM     | 3     | 20     | -9.67  |
| 1:25.77L                   | P # 17A  | Female 12 & Under 100 Back   | 18    | ---    | 2.02   |
| 1:08.94L                   | F # 25A  | Female 12 & Under 100 Free   | 6     | 13     | -0.73  |
| 1:10.42L                   | P # 25A  | Female 12 & Under 100 Free   | 7     | ---    | 0.75   |
| 1:14.34L                   | F # 31A  | Female 12 & Under 100 Fly    | 4     | 15     | -5.44  |
| 1:16.06L                   | P # 31A  | Female 12 & Under 100 Fly    | 3     | ---    | -3.72  |
| 5:19.78L                   | F # 33A  | Female 12 & Under 400 Free   | 2     | 30     | -48.78 |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                         | F/P/S    | Event                        | Place | Points | Improv |
|------------------------------|----------|------------------------------|-------|--------|--------|
| <b>Teigan Hawes (9) F</b>    |          |                              |       |        |        |
| 2:21.40L                     | P # 101A | Female 10 & Under 100 Breast | 17    | ---    | 8.78   |
| 50.90L                       | F # 105A | Female 10 & Under 50 Back    | 19    | ---    | 3.37   |
| 1:35.38L                     | P # 111A | Female 10 & Under 100 Free   | 23    | ---    | -3.16  |
| 53.93L                       | F # 113A | Female 10 & Under 50 Fly     | 14    | ---    | -13.11 |
| 1:04.66L                     | F # 117A | Female 10 & Under 50 Breast  | 15    | ---    | 5.03   |
| 43.58L                       | F # 119A | Female 10 & Under 50 Free    | 18    | ---    | 21.75  |
| <b>Noah Hicks (10) M</b>     |          |                              |       |        |        |
| 1:39.49L                     | F # 103B | Male 10 & Under 100 Fly      | 3     | 20     | ---    |
| 1:40.45L                     | P # 103B | Male 10 & Under 100 Fly      | 3     | ---    | ---    |
| 40.26L                       | F # 105B | Male 10 & Under 50 Back      | 2     | ---    | -11.60 |
| 3:32.23L                     | F # 107B | Male 10 & Under 200 IM       | 6     | ---    | 5.80   |
| 1:26.93L                     | P # 109B | Male 10 & Under 100 Back     | 3     | ---    | -19.30 |
| 1:27.05L                     | F # 109B | Male 10 & Under 100 Back     | 3     | 20     | -19.18 |
| 1:17.41L                     | F # 111B | Male 10 & Under 100 Free     | 2     | 30     | -9.66  |
| 1:18.00L                     | P # 111B | Male 10 & Under 100 Free     | 2     | ---    | -9.07  |
| 39.04L                       | F # 113B | Male 10 & Under 50 Fly       | 3     | ---    | -20.23 |
| 2:55.24L                     | F # 115B | Male 10 & Under 200 Free     | 2     | 30     | -3.04  |
| 56.22L                       | F # 117B | Male 10 & Under 50 Breast    | 10    | ---    | -12.06 |
| 33.81L                       | F # 119B | Male 10 & Under 50 Free      | 1     | 40     | -2.15  |
| <b>Misato Hiraoka (14) F</b> |          |                              |       |        |        |
| 1:33.65L                     | P # 1B   | Female 13-14 100 Breast      | 10    | ---    | 3.90   |
| 2:59.00L                     | P # 7B   | Female 13-14 200 IM          | 18    | ---    | 4.92   |
| 31.40L                       | P # 9B   | Female 13-14 50 Free         | 14    | ---    | 0.61   |
| 1:24.09L                     | P # 17B  | Female 13-14 100 Back        | 27    | ---    | 0.12   |
| 2:35.00L                     | P # 19B  | Female 13-14 200 Free        | 25    | ---    | 2.85   |
| NS                           | P # 23B  | Female 13-14 200 Breast      | ---   | ---    | ---    |
| 1:10.59L                     | P # 25B  | Female 13-14 100 Free        | 27    | ---    | 2.73   |
| 3:00.74L                     | P # 29B  | Female 13-14 200 Back        | 23    | ---    | 6.96   |
| 5:35.16L                     | F # 33B  | Female 13-14 400 Free        | 16    | ---    | -18.89 |
| <b>Sayaka Hiraoka (11) F</b> |          |                              |       |        |        |
| 1:41.16L                     | P # 1A   | Female 12 & Under 100 Breast | 16    | ---    | 5.88   |
| 3:01.69L                     | F # 7A   | Female 12 & Under 200 IM     | 14    | ---    | -2.73  |
| 3:03.01L                     | P # 7A   | Female 12 & Under 200 IM     | 16    | ---    | -1.41  |
| 32.71L                       | F # 9A   | Female 12 & Under 50 Free    | 11    | ---    | 0.04   |
| 32.92L                       | P # 9A   | Female 12 & Under 50 Free    | 15    | ---    | 0.25   |
| 6:37.03L                     | F # 15A  | Female 12 & Under 400 IM     | 9     | ---    | ---    |
| 1:28.00L                     | P # 17A  | Female 12 & Under 100 Back   | 24    | ---    | -10.48 |
| 2:45.76L                     | P # 19A  | Female 12 & Under 200 Free   | 21    | ---    | -1.10  |
| 1:11.61L                     | F # 25A  | Female 12 & Under 100 Free   | 10    | ---    | -1.37  |
| 1:12.12L                     | P # 25A  | Female 12 & Under 100 Free   | 9     | ---    | -0.86  |
| 3:04.90L                     | P # 29A  | Female 12 & Under 200 Back   | 18    | ---    | ---    |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                        | F/P/S    | Event                       | Place | Points | Improv |
|-----------------------------|----------|-----------------------------|-------|--------|--------|
| <b>Sebastien Hon (12) M</b> |          |                             |       |        |        |
| 1:40.71L                    | P # 2A   | Male 12 & Under 100 Breast  | 12    | ---    | 0.55   |
| 40.36L                      | P # 6A   | Male 12 & Under 50 Back     | 6     | ---    | -2.16  |
| 40.68L                      | F # 6A   | Male 12 & Under 50 Back     | 5     | 14     | -1.84  |
| 3:10.28L                    | P # 8A   | Male 12 & Under 200 IM      | 12    | ---    | -0.54  |
| 3:11.04L DQ                 | F # 8A   | Male 12 & Under 200 IM      | ---   | ---    | ---    |
| 11:36.95L                   | F # 12A  | Male 12 & Under 800 Free    | 5     | 14     | -25.61 |
| 1:28.05L                    | P # 18A  | Male 12 & Under 100 Back    | 12    | ---    | 0.27   |
| 2:34.58L                    | F # 20A  | Male 12 & Under 200 Free    | 8     | 11     | -0.64  |
| 2:35.74L                    | P # 20A  | Male 12 & Under 200 Free    | 8     | ---    | 0.52   |
| 1:10.49L                    | F # 26A  | Male 12 & Under 100 Free    | 8     | 11     | -12.31 |
| 1:10.61L                    | P # 26A  | Male 12 & Under 100 Free    | 8     | ---    | -12.19 |
| 5:28.24L                    | F # 34A  | Male 12 & Under 400 Free    | 9     | ---    | -11.71 |
| 42.62L                      | F # 307A | 200 Medley Relay Lead Off   | ---   | ---    | 0.10   |
| <b>Cooper Hunt (10) M</b>   |          |                             |       |        |        |
| 3:52.03L                    | P # 24A  | Male 12 & Under 200 Breast  | 12    | ---    | 7.89   |
| 1:47.64L                    | F # 101B | Male 10 & Under 100 Breast  | 3     | 20     | 2.69   |
| 1:49.22L                    | P # 101B | Male 10 & Under 100 Breast  | 3     | ---    | 4.27   |
| 49.32L                      | F # 105B | Male 10 & Under 50 Back     | 14    | ---    | -1.20  |
| 3:45.47L                    | F # 107B | Male 10 & Under 200 IM      | 8     | ---    | 0.20   |
| 1:45.92L                    | P # 109B | Male 10 & Under 100 Back    | 18    | ---    | 1.09   |
| 1:26.63L                    | P # 111B | Male 10 & Under 100 Free    | 10    | ---    | 1.41   |
| 3:11.77L                    | F # 115B | Male 10 & Under 200 Free    | 9     | ---    | 0.56   |
| 49.33L                      | F # 117B | Male 10 & Under 50 Breast   | 1     | 50     | 0.85   |
| 37.32L                      | F # 119B | Male 10 & Under 50 Free     | 6     | 13     | 0.36   |
| <b>Teagan Hunt (15) F</b>   |          |                             |       |        |        |
| 2:40.29L                    | P # 3C   | Female 15 & Over 200 Fly    | 4     | ---    | 6.20   |
| 2:40.34L                    | F # 3C   | Female 15 & Over 200 Fly    | 4     | 15     | 6.25   |
| 18:14.53L                   | F # 13C  | Female 15 & Over 1500 Free  | 1     | 50     | -17.74 |
| 2:14.08L                    | F # 19C  | Female 15 & Over 200 Free   | 5     | 14     | -1.24  |
| 2:16.57L                    | P # 19C  | Female 15 & Over 200 Free   | 4     | ---    | 1.25   |
| 3:06.86L                    | F # 23C  | Female 15 & Over 200 Breast | 7     | 12     | 3.24   |
| 3:08.56L                    | P # 23C  | Female 15 & Over 200 Breast | 7     | ---    | 4.94   |
| 1:04.71L                    | P # 25C  | Female 15 & Over 100 Free   | 10    | ---    | 0.88   |
| 1:10.41L                    | F # 31C  | Female 15 & Over 100 Fly    | 5     | 14     | -1.35  |
| 1:10.53L                    | P # 31C  | Female 15 & Over 100 Fly    | 5     | ---    | -1.23  |
| 4:39.85L                    | F # 33C  | Female 15 & Over 400 Free   | 2     | 30     | 1.02   |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

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Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                                    | F/P/S    | Event                       | Place | Points | Improv |
|-----------------------------------------|----------|-----------------------------|-------|--------|--------|
| <b>Alejandro Jimenez Alcocer (15) M</b> |          |                             |       |        |        |
| 1:24.60L                                | P # 2C   | Male 15 & Over 100 Breast   | 11    | ---    | 0.70   |
| 2:31.64L                                | F # 8C   | Male 15 & Over 200 IM       | 7     | 12     | 0.93   |
| 2:34.58L                                | P # 8C   | Male 15 & Over 200 IM       | 8     | ---    | 3.87   |
| 29.28L                                  | P # 10C  | Male 15 & Over 50 Free      | 15    | ---    | 0.67   |
| 2:11.17L                                | P # 20C  | Male 15 & Over 200 Free     | 14    | ---    | 0.86   |
| 30.88L                                  | P # 22C  | Male 15 & Over 50 Fly       | 16    | ---    | -0.29  |
| 2:55.30L                                | P # 24C  | Male 15 & Over 200 Breast   | 8     | ---    | -3.45  |
| 2:57.24L                                | F # 24C  | Male 15 & Over 200 Breast   | 7     | 12     | -1.51  |
| 1:01.55L                                | P # 26C  | Male 15 & Over 100 Free     | 17    | ---    | 0.91   |
| 1:11.27L                                | P # 32C  | Male 15 & Over 100 Fly      | 11    | ---    | 1.03   |
| 4:41.91L                                | F # 34C  | Male 15 & Over 400 Free     | 5     | 14     | 1.76   |
| <b>Kali Lancaster (15) F</b>            |          |                             |       |        |        |
| 1:17.87L                                | F # 1C   | Female 15 & Over 100 Breast | 1     | 40     | 1.17   |
| 1:18.92L                                | P # 1C   | Female 15 & Over 100 Breast | 1     | ---    | 2.22   |
| 2:32.81L                                | F # 7C   | Female 15 & Over 200 IM     | 2     | 30     | 0.83   |
| 2:37.10L                                | P # 7C   | Female 15 & Over 200 IM     | 2     | ---    | 5.12   |
| 5:28.36L                                | F # 15C  | Female 15 & Over 400 IM     | 3     | 20     | 0.73   |
| 2:21.65L                                | P # 19C  | Female 15 & Over 200 Free   | 13    | ---    | 7.17   |
| 2:48.17L                                | F # 23C  | Female 15 & Over 200 Breast | 2     | 30     | -0.52  |
| 2:56.81L                                | P # 23C  | Female 15 & Over 200 Breast | 3     | ---    | 8.12   |
| 1:06.62L                                | P # 25C  | Female 15 & Over 100 Free   | 16    | ---    | 2.84   |
| 36.19L                                  | F # 27C  | Female 15 & Over 50 Breast  | 2     | 30     | 0.60   |
| 37.42L                                  | P # 27C  | Female 15 & Over 50 Breast  | 5     | ---    | 1.83   |
| 1:13.67L                                | P # 31C  | Female 15 & Over 100 Fly    | 9     | ---    | 0.29   |
| 30.29L                                  | F # 301D | 200 Free Relay Lead Off     | ---   | ---    | 0.74   |
| <b>Rubin Lee (10) M</b>                 |          |                             |       |        |        |
| 3:25.74L                                | P # 30A  | Male 12 & Under 200 Back    | 20    | ---    | 1.82   |
| 1:55.98L                                | F # 101B | Male 10 & Under 100 Breast  | 6     | 13     | -1.84  |
| 1:59.99L                                | P # 101B | Male 10 & Under 100 Breast  | 7     | ---    | 2.17   |
| 43.33L                                  | F # 105B | Male 10 & Under 50 Back     | 6     | ---    | 0.86   |
| 3:53.21L                                | F # 107B | Male 10 & Under 200 IM      | 11    | ---    | -2.87  |
| 1:34.42L                                | F # 109B | Male 10 & Under 100 Back    | 6     | 13     | -0.35  |
| 1:36.57L                                | P # 109B | Male 10 & Under 100 Back    | 8     | ---    | 1.80   |
| 1:27.98L                                | P # 111B | Male 10 & Under 100 Free    | 11    | ---    | -0.69  |
| 3:19.73L                                | F # 115B | Male 10 & Under 200 Free    | 13    | ---    | -2.01  |
| 36.08L                                  | F # 119B | Male 10 & Under 50 Free     | 4     | 15     | 13.99  |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                             | F/P/S   | Event                     | Place | Points | Improv |
|----------------------------------|---------|---------------------------|-------|--------|--------|
| <b>Evelyn Li (13) F</b>          |         |                           |       |        |        |
| 2:52.60L                         | P # 7B  | Female 13-14 200 IM       | 15    | ---    | -2.64  |
| 32.63L                           | P # 9B  | Female 13-14 50 Free      | 23    | ---    | 0.32   |
| 11:03.05L                        | F # 11B | Female 13-14 800 Free     | 9     | ---    | -32.50 |
| 1:22.64L                         | P # 17B | Female 13-14 100 Back     | 22    | ---    | 2.05   |
| 2:33.24L                         | P # 19B | Female 13-14 200 Free     | 21    | ---    | 1.06   |
| 34.16L                           | P # 21B | Female 13-14 50 Fly       | 10    | ---    | -15.11 |
| 1:09.69L                         | P # 25B | Female 13-14 100 Free     | 19    | ---    | 0.76   |
| 2:58.03L                         | P # 29B | Female 13-14 200 Back     | 20    | ---    | 4.31   |
| 5:22.43L                         | F # 33B | Female 13-14 400 Free     | 15    | ---    | -5.25  |
| <b>Isaac Liu (11) M</b>          |         |                           |       |        |        |
| 3:13.56L                         | P # 8A  | Male 12 & Under 200 IM    | 15    | ---    | -8.24  |
| 3:14.62L                         | F # 8A  | Male 12 & Under 200 IM    | 13    | ---    | -7.18  |
| 35.85L                           | P # 10A | Male 12 & Under 50 Free   | 15    | ---    | -0.72  |
| 1:31.27L                         | P # 18A | Male 12 & Under 100 Back  | 16    | ---    | -13.77 |
| 2:52.03L                         | P # 20A | Male 12 & Under 200 Free  | 13    | ---    | -31.24 |
| 39.95L                           | F # 22A | Male 12 & Under 50 Fly    | 8     | 11     | -8.44  |
| 41.53L                           | P # 22A | Male 12 & Under 50 Fly    | 8     | ---    | -6.86  |
| 1:18.01L                         | P # 26A | Male 12 & Under 100 Free  | 19    | ---    | -1.88  |
| 3:09.75L                         | P # 30A | Male 12 & Under 200 Back  | 9     | ---    | -3.78  |
| 5:58.06L                         | F # 34A | Male 12 & Under 400 Free  | 12    | ---    | -0.48  |
| <b>Grace MacDonald (17) F</b>    |         |                           |       |        |        |
| 2:28.51L                         | F # 3C  | Female 15 & Over 200 Fly  | 2     | 30     | -0.40  |
| 2:31.06L                         | P # 3C  | Female 15 & Over 200 Fly  | 2     | ---    | 2.15   |
| 2:29.18L                         | F # 7C  | Female 15 & Over 200 IM   | 1     | 50     | -3.07  |
| 2:30.19L                         | P # 7C  | Female 15 & Over 200 IM   | 1     | ---    | -2.06  |
| 27.88L                           | P # 9C  | Female 15 & Over 50 Free  | 1     | ---    | -0.20  |
| 28.32L                           | F # 9C  | Female 15 & Over 50 Free  | 3     | 20     | 0.24   |
| 2:11.81L                         | P # 19C | Female 15 & Over 200 Free | 1     | ---    | -2.67  |
| 29.95L                           | P # 21C | Female 15 & Over 50 Fly   | 3     | ---    | 0.39   |
| 30.01L                           | F # 21C | Female 15 & Over 50 Fly   | 3     | 20     | 0.45   |
| 59.84L                           | F # 25C | Female 15 & Over 100 Free | 1     | 50     | -0.13  |
| 1:00.44L                         | P # 25C | Female 15 & Over 100 Free | 1     | ---    | 0.47   |
| 1:05.49L                         | F # 31C | Female 15 & Over 100 Fly  | 3     | 20     | -0.62  |
| 1:05.95L                         | P # 31C | Female 15 & Over 100 Fly  | 2     | ---    | -0.16  |
| <b>Sophia Malachowski (13) F</b> |         |                           |       |        |        |
| 31.57L                           | P # 9B  | Female 13-14 50 Free      | 16    | ---    | -0.02  |
| 2:30.41L                         | P # 19B | Female 13-14 200 Free     | 12    | ---    | -1.93  |
| 2:32.37L                         | F # 19B | Female 13-14 200 Free     | 14    | ---    | 0.03   |
| 33.89L                           | P # 21B | Female 13-14 50 Fly       | 9     | ---    | 0.62   |
| 1:09.93L                         | P # 25B | Female 13-14 100 Free     | 20    | ---    | 0.79   |
| 5:36.33L                         | F # 33B | Female 13-14 400 Free     | 18    | ---    | 4.75   |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                          | F/P/S   | Event                       | Place | Points | Improv |
|-------------------------------|---------|-----------------------------|-------|--------|--------|
| <b>Kate Marcovitz (11) F</b>  |         |                             |       |        |        |
| 2:48.46L                      | P # 7A  | Female 12 & Under 200 IM    | 3     | ---    | -2.11  |
| 2:51.34L                      | F # 7A  | Female 12 & Under 200 IM    | 5     | 14     | 0.77   |
| 30.76L                        | F # 9A  | Female 12 & Under 50 Free   | 3     | 20     | -1.02  |
| 30.97L                        | P # 9A  | Female 12 & Under 50 Free   | 4     | ---    | -0.81  |
| 20:46.02L                     | F # 13A | Female 12 & Under 1500 Free | 1     | 50     | ---    |
| 1:15.59L                      | F # 17A | Female 12 & Under 100 Back  | 2     | 30     | -1.06  |
| 1:18.12L                      | P # 17A | Female 12 & Under 100 Back  | 3     | ---    | 1.47   |
| 2:25.95L                      | F # 19A | Female 12 & Under 200 Free  | 4     | 15     | -1.92  |
| 2:30.09L                      | P # 19A | Female 12 & Under 200 Free  | 5     | ---    | 2.22   |
| 35.53L                        | F # 21A | Female 12 & Under 50 Fly    | 7     | 12     | -18.19 |
| 36.46L                        | P # 21A | Female 12 & Under 50 Fly    | 6     | ---    | -17.26 |
| 1:04.37L                      | F # 25A | Female 12 & Under 100 Free  | 3     | 20     | -1.70  |
| 1:07.64L                      | P # 25A | Female 12 & Under 100 Free  | 3     | ---    | 1.57   |
| 2:39.25L                      | F # 29A | Female 12 & Under 200 Back  | 2     | 30     | -5.93  |
| 2:44.76L                      | P # 29A | Female 12 & Under 200 Back  | 3     | ---    | -0.42  |
| <b>Jane Maycock (17) F</b>    |         |                             |       |        |        |
| 2:40.48L                      | P # 7C  | Female 15 & Over 200 IM     | 4     | ---    | 2.44   |
| 2:42.95L                      | F # 7C  | Female 15 & Over 200 IM     | 5     | 14     | 4.91   |
| 30.72L                        | P # 9C  | Female 15 & Over 50 Free    | 13    | ---    | 0.32   |
| 9:52.66L                      | F # 11C | Female 15 & Over 800 Free   | 2     | ---    | 5.26   |
| 5:35.55L                      | F # 15C | Female 15 & Over 400 IM     | 6     | 13     | 9.99   |
| 1:18.27L                      | P # 17C | Female 15 & Over 100 Back   | 17    | ---    | 1.43   |
| 2:19.11L                      | F # 19C | Female 15 & Over 200 Free   | 7     | 12     | 2.84   |
| 2:19.57L                      | P # 19C | Female 15 & Over 200 Free   | 10    | ---    | 3.30   |
| 1:07.68L                      | P # 25C | Female 15 & Over 100 Free   | 18    | ---    | 2.22   |
| 2:41.76L                      | F # 29C | Female 15 & Over 200 Back   | 6     | 13     | 0.18   |
| 2:44.12L                      | P # 29C | Female 15 & Over 200 Back   | 6     | ---    | 2.54   |
| 4:51.13L                      | F # 33C | Female 15 & Over 400 Free   | 5     | 14     | 7.77   |
| <b>Makaio McKnight (11) M</b> |         |                             |       |        |        |
| 1:50.73L                      | P # 2A  | Male 12 & Under 100 Breast  | 19    | ---    | 1.96   |
| 3:37.07L                      | P # 8A  | Male 12 & Under 200 IM      | 26    | ---    | ---    |
| 39.60L                        | P # 10A | Male 12 & Under 50 Free     | 24    | ---    | 1.38   |
| 1:40.42L                      | P # 18A | Male 12 & Under 100 Back    | 27    | ---    | -6.51  |
| 3:20.98L                      | P # 20A | Male 12 & Under 200 Free    | 27    | ---    | -3.47  |
| 3:57.02L                      | P # 24A | Male 12 & Under 200 Breast  | 15    | ---    | -8.24  |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                          | F/P/S    | Event                      | Place | Points | Improv |
|-------------------------------|----------|----------------------------|-------|--------|--------|
| <b>Mattius Melvie (13) M</b>  |          |                            |       |        |        |
| 1:29.78L                      | P # 2B   | Male 13-14 100 Breast      | 4     | ---    | 1.67   |
| 1:30.64L                      | F # 2B   | Male 13-14 100 Breast      | 7     | 12     | 2.53   |
| 2:44.48L                      | P # 8B   | Male 13-14 200 IM          | 12    | ---    | -0.01  |
| 30.03L                        | P # 10B  | Male 13-14 50 Free         | 12    | ---    | 0.35   |
| 1:15.65L                      | P # 18B  | Male 13-14 100 Back        | 13    | ---    | -1.29  |
| 2:25.93L                      | P # 20B  | Male 13-14 200 Free        | 15    | ---    | 2.56   |
| 1:06.88L                      | P # 26B  | Male 13-14 100 Free        | 15    | ---    | 0.72   |
| 2:49.99L                      | P # 30B  | Male 13-14 200 Back        | 11    | ---    | -5.94  |
| 5:17.89L                      | F # 34B  | Male 13-14 400 Free        | 11    | ---    | -10.27 |
| 35.31L                        | F # 307B | 200 Medley Relay Lead Off  | ---   | ---    | -6.56  |
| <b>Taryn Mercer (13) F</b>    |          |                            |       |        |        |
| 37.68L                        | P # 5B   | Female 13-14 50 Back       | 9     | ---    | -0.47  |
| 34.82L                        | P # 9B   | Female 13-14 50 Free       | 30    | ---    | 0.26   |
| 1:21.36L                      | P # 17B  | Female 13-14 100 Back      | 20    | ---    | 0.63   |
| 39.31L                        | P # 21B  | Female 13-14 50 Fly        | 18    | ---    | -4.75  |
| 2:47.94L                      | P # 29B  | Female 13-14 200 Back      | 11    | ---    | -0.89  |
| 5:46.94L                      | F # 33B  | Female 13-14 400 Free      | 19    | ---    | -52.31 |
| 38.73L                        | F # 306B | 200 Medley Relay Lead Off  | ---   | ---    | 0.58   |
| <b>Emma Obee (14) F</b>       |          |                            |       |        |        |
| 38.25L                        | P # 5B   | Female 13-14 50 Back       | 11    | ---    | 0.59   |
| 3:06.84L                      | P # 7B   | Female 13-14 200 IM        | 23    | ---    | -0.14  |
| 33.89L                        | P # 9B   | Female 13-14 50 Free       | 28    | ---    | 0.22   |
| 1:20.06L                      | P # 17B  | Female 13-14 100 Back      | 14    | ---    | 0.84   |
| 2:50.57L                      | P # 19B  | Female 13-14 200 Free      | 30    | ---    | 9.80   |
| <b>Ruby Pandachuck (11) F</b> |          |                            |       |        |        |
| 3:12.32L                      | P # 7A   | Female 12 & Under 200 IM   | 23    | ---    | 1.98   |
| 35.67L                        | P # 9A   | Female 12 & Under 50 Free  | 32    | ---    | 13.84  |
| 1:28.01L                      | P # 17A  | Female 12 & Under 100 Back | 25    | ---    | 0.15   |
| 2:54.62L                      | P # 19A  | Female 12 & Under 200 Free | 30    | ---    | 4.26   |
| 1:19.45L                      | P # 25A  | Female 12 & Under 100 Free | 32    | ---    | 0.84   |
| 3:05.75L                      | P # 29A  | Female 12 & Under 200 Back | 19    | ---    | -0.42  |
| <b>Eduard Pepenel (11) M</b>  |          |                            |       |        |        |
| 1:50.29L                      | P # 2A   | Male 12 & Under 100 Breast | 18    | ---    | -1.10  |
| 41.82L                        | P # 10A  | Male 12 & Under 50 Free    | 26    | ---    | ---    |
| 1:53.27L                      | P # 18A  | Male 12 & Under 100 Back   | 30    | ---    | ---    |
| 3:22.36L                      | P # 20A  | Male 12 & Under 200 Free   | 28    | ---    | -5.79  |
| 1:32.73L                      | P # 26A  | Male 12 & Under 100 Free   | 34    | ---    | 2.65   |
| 53.41L                        | P # 28A  | Male 12 & Under 50 Breast  | 10    | ---    | 1.51   |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                                | F/P/S    | Event                        | Place | Points | Improv |
|-------------------------------------|----------|------------------------------|-------|--------|--------|
| <b>Mariana Ponce de Leon (14) F</b> |          |                              |       |        |        |
| 1:20.43L                            | F # 1B   | Female 13-14 100 Breast      | 1     | 40     | 0.04   |
| 1:21.68L                            | P # 1B   | Female 13-14 100 Breast      | 1     | ---    | 1.29   |
| 2:43.49L                            | F # 7B   | Female 13-14 200 IM          | 6     | 13     | 6.17   |
| 2:43.83L                            | P # 7B   | Female 13-14 200 IM          | 7     | ---    | 6.51   |
| 28.68L                              | F # 9B   | Female 13-14 50 Free         | 2     | 30     | 0.31   |
| 28.93L                              | P # 9B   | Female 13-14 50 Free         | 2     | ---    | 0.56   |
| NS                                  | P # 19B  | Female 13-14 200 Free        | ---   | ---    | ---    |
| 2:55.66L                            | P # 23B  | Female 13-14 200 Breast      | 1     | ---    | -7.93  |
| 2:58.28L                            | F # 23B  | Female 13-14 200 Breast      | 3     | 20     | -5.31  |
| 1:03.12L                            | F # 25B  | Female 13-14 100 Free        | 2     | 30     | 0.15   |
| 1:03.48L                            | P # 25B  | Female 13-14 100 Free        | 2     | ---    | 0.51   |
| 36.03L                              | F # 27B  | Female 13-14 50 Breast       | 2     | 30     | -3.02  |
| 36.60L                              | P # 27B  | Female 13-14 50 Breast       | 2     | ---    | -2.45  |
| 1:11.14L                            | F # 31B  | Female 13-14 100 Fly         | 2     | 30     | 1.04   |
| 1:12.22L                            | P # 31B  | Female 13-14 100 Fly         | 1     | ---    | 2.12   |
| 4:56.74L                            | F # 33B  | Female 13-14 400 Free        | 4     | 15     | ---    |
| 29.48L                              | F # 301C | 200 Free Relay Lead Off      | ---   | ---    | 1.11   |
| <b>Sara Ponce de Leon (12) F</b>    |          |                              |       |        |        |
| 1:32.75L                            | F # 1A   | Female 12 & Under 100 Breast | 7     | 12     | -0.64  |
| 1:33.21L                            | P # 1A   | Female 12 & Under 100 Breast | 7     | ---    | -0.18  |
| 42.92L                              | P # 5A   | Female 12 & Under 50 Back    | 10    | ---    | ---    |
| 3:04.67L                            | P # 7A   | Female 12 & Under 200 IM     | 17    | ---    | -1.81  |
| 34.35L                              | P # 9A   | Female 12 & Under 50 Free    | 24    | ---    | -2.22  |
| 2:39.88L                            | P # 19A  | Female 12 & Under 200 Free   | 11    | ---    | -8.30  |
| 2:46.25L                            | F # 19A  | Female 12 & Under 200 Free   | 16    | ---    | -1.93  |
| 3:16.14L                            | P # 23A  | Female 12 & Under 200 Breast | 5     | ---    | -8.00  |
| 3:18.16L                            | F # 23A  | Female 12 & Under 200 Breast | 6     | 13     | -5.98  |
| 41.60L                              | F # 27A  | Female 12 & Under 50 Breast  | 6     | 13     | -1.80  |
| 41.66L                              | P # 27A  | Female 12 & Under 50 Breast  | 4     | ---    | -1.74  |
| 5:49.27L                            | F # 33A  | Female 12 & Under 400 Free   | 9     | ---    | -7.29  |
| 33.79L                              | F # 301B | 200 Free Relay Lead Off      | ---   | ---    | -2.78  |
| <b>Conor Poulin (11) M</b>          |          |                              |       |        |        |
| 2:02.15L                            | P # 2A   | Male 12 & Under 100 Breast   | 23    | ---    | 1.41   |
| 35.21L                              | P # 10A  | Male 12 & Under 50 Free      | 12    | ---    | -0.57  |
| 1:36.71L                            | P # 18A  | Male 12 & Under 100 Back     | 25    | ---    | -8.40  |
| 2:59.96L                            | P # 20A  | Male 12 & Under 200 Free     | 24    | ---    | -18.78 |
| 1:21.48L                            | P # 26A  | Male 12 & Under 100 Free     | 25    | ---    | -4.36  |
| 55.59L                              | P # 28A  | Male 12 & Under 50 Breast    | 12    | ---    | -2.42  |
| 36.53L                              | F # 302B | 200 Free Relay Lead Off      | ---   | ---    | 0.75   |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                          | F/P/S    | Event                     | Place | Points | Improv  |
|-------------------------------|----------|---------------------------|-------|--------|---------|
| <b>Luke Poulin (13) M</b>     |          |                           |       |        |         |
| 2:35.51L                      | F # 8B   | Male 13-14 200 IM         | 4     | 15     | 1.35    |
| 2:36.98L                      | P # 8B   | Male 13-14 200 IM         | 5     | ---    | 2.82    |
| 29.56L                        | P # 10B  | Male 13-14 50 Free        | 9     | ---    | 0.82    |
| 19:24.24L                     | F # 14B  | Male 13-14 1500 Free      | 1     | ---    | -174.79 |
| 5:29.36L                      | F # 16B  | Male 13-14 400 IM         | 4     | 15     | 3.63    |
| 1:14.28L                      | P # 18B  | Male 13-14 100 Back       | 9     | ---    | 0.07    |
| 2:20.81L                      | P # 20B  | Male 13-14 200 Free       | 8     | ---    | 4.08    |
| 2:22.57L                      | F # 20B  | Male 13-14 200 Free       | 8     | 11     | 5.84    |
| 1:04.62L                      | P # 26B  | Male 13-14 100 Free       | 9     | ---    | 0.55    |
| 2:34.24L                      | F # 30B  | Male 13-14 200 Back       | 3     | 20     | 0.16    |
| 2:39.95L                      | P # 30B  | Male 13-14 200 Back       | 5     | ---    | 5.87    |
| 4:47.73L                      | F # 34B  | Male 13-14 400 Free       | 3     | 20     | 0.41    |
| <b>Arran Robertson (14) M</b> |          |                           |       |        |         |
| 1:12.54L                      | F # 2B   | Male 13-14 100 Breast     | 1     | 50     | 1.37    |
| 1:18.94L                      | P # 2B   | Male 13-14 100 Breast     | 7     | ---    | 7.77    |
| 2:32.99L                      | F # 8B   | Male 13-14 200 IM         | 3     | 20     | -2.27   |
| 2:39.13L                      | P # 8B   | Male 13-14 200 IM         | 7     | ---    | 3.87    |
| 29.92L                        | P # 10B  | Male 13-14 50 Free        | 11    | ---    | 0.40    |
| 5:23.68L                      | F # 16B  | Male 13-14 400 IM         | 3     | 20     | -4.53   |
| 2:21.76L                      | P # 20B  | Male 13-14 200 Free       | 10    | ---    | -3.66   |
| 2:38.46L                      | F # 24B  | Male 13-14 200 Breast     | 2     | 30     | -0.61   |
| 2:47.82L                      | P # 24B  | Male 13-14 200 Breast     | 5     | ---    | 8.75    |
| 1:03.29L                      | F # 26B  | Male 13-14 100 Free       | 6     | 13     | 0.77    |
| 1:04.05L                      | P # 26B  | Male 13-14 100 Free       | 6     | ---    | 1.53    |
| 32.88L                        | F # 28B  | Male 13-14 50 Breast      | 1     | 50     | -1.03   |
| 33.81L                        | P # 28B  | Male 13-14 50 Breast      | 2     | ---    | -0.10   |
| 4:58.32L                      | F # 34B  | Male 13-14 400 Free       | 6     | 13     | -20.09  |
| <b>Bradley Rumball (15) M</b> |          |                           |       |        |         |
| 1:25.81L                      | P # 2C   | Male 15 & Over 100 Breast | 12    | ---    | 2.65    |
| 2:53.50L                      | P # 8C   | Male 15 & Over 200 IM     | 13    | ---    | -3.39   |
| 31.50L                        | P # 10C  | Male 15 & Over 50 Free    | 16    | ---    | -1.60   |
| 2:37.66L                      | P # 20C  | Male 15 & Over 200 Free   | 24    | ---    | 1.11    |
| 3:05.22L                      | P # 24C  | Male 15 & Over 200 Breast | 10    | ---    | 3.24    |
| 36.40L                        | F # 28C  | Male 15 & Over 50 Breast  | 5     | 14     | -0.99   |
| 37.01L                        | P # 28C  | Male 15 & Over 50 Breast  | 7     | ---    | -0.38   |
| 39.40L                        | F # 307C | 200 Medley Relay Lead Off | ---   | ---    | ---     |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                         | F/P/S    | Event                        | Place | Points | Improv |
|------------------------------|----------|------------------------------|-------|--------|--------|
| <b>Annika Rupert (12) F</b>  |          |                              |       |        |        |
| 1:27.41L                     | F # 1A   | Female 12 & Under 100 Breast | 3     | 20     | 0.88   |
| 1:28.64L                     | P # 1A   | Female 12 & Under 100 Breast | 3     | ---    | 2.11   |
| 2:55.49L                     | F # 7A   | Female 12 & Under 200 IM     | 10    | ---    | 0.32   |
| 2:57.36L                     | P # 7A   | Female 12 & Under 200 IM     | 10    | ---    | 2.19   |
| 32.81L                       | P # 9A   | Female 12 & Under 50 Free    | 14    | ---    | 0.25   |
| 33.45L                       | F # 9A   | Female 12 & Under 50 Free    | 15    | ---    | 0.89   |
| 1:25.98L                     | P # 17A  | Female 12 & Under 100 Back   | 19    | ---    | -8.39  |
| 2:33.55L                     | F # 19A  | Female 12 & Under 200 Free   | 9     | ---    | -3.22  |
| 2:37.89L                     | P # 19A  | Female 12 & Under 200 Free   | 10    | ---    | 1.12   |
| 2:58.78L                     | P # 23A  | Female 12 & Under 200 Breast | 1     | ---    | -4.25  |
| 3:02.15L                     | F # 23A  | Female 12 & Under 200 Breast | 2     | 30     | -0.88  |
| 1:14.32L                     | P # 25A  | Female 12 & Under 100 Free   | 18    | ---    | 1.54   |
| 38.79L                       | F # 27A  | Female 12 & Under 50 Breast  | 2     | 30     | -1.94  |
| 39.19L                       | P # 27A  | Female 12 & Under 50 Breast  | 2     | ---    | -1.54  |
| 5:23.58L                     | F # 33A  | Female 12 & Under 400 Free   | 4     | 15     | -43.66 |
| <b>Bridget Rupert (12) F</b> |          |                              |       |        |        |
| 2:36.91L                     | F # 7A   | Female 12 & Under 200 IM     | 1     | 50     | -0.30  |
| 2:39.53L                     | P # 7A   | Female 12 & Under 200 IM     | 1     | ---    | 2.32   |
| 29.40L                       | F # 9A   | Female 12 & Under 50 Free    | 1     | 50     | 0.33   |
| 29.48L                       | P # 9A   | Female 12 & Under 50 Free    | 1     | ---    | 0.41   |
| 5:37.48L                     | F # 15A  | Female 12 & Under 400 IM     | 1     | 50     | -16.73 |
| 1:12.51L                     | P # 17A  | Female 12 & Under 100 Back   | 1     | ---    | -0.40  |
| 1:13.82L                     | F # 17A  | Female 12 & Under 100 Back   | 1     | 50     | 0.91   |
| 2:25.47L                     | F # 19A  | Female 12 & Under 200 Free   | 3     | 20     | 2.12   |
| 2:26.90L                     | P # 19A  | Female 12 & Under 200 Free   | 3     | ---    | 3.55   |
| 1:03.90L                     | F # 25A  | Female 12 & Under 100 Free   | 2     | 30     | -0.35  |
| 1:05.30L                     | P # 25A  | Female 12 & Under 100 Free   | 2     | ---    | 1.05   |
| 2:40.96L                     | P # 29A  | Female 12 & Under 200 Back   | 2     | ---    | -2.13  |
| 2:46.18L                     | F # 29A  | Female 12 & Under 200 Back   | 4     | 15     | 3.09   |
| 1:09.98L                     | F # 31A  | Female 12 & Under 100 Fly    | 1     | 50     | -4.07  |
| 1:11.73L                     | P # 31A  | Female 12 & Under 100 Fly    | 1     | ---    | -2.32  |
| 5:03.39L                     | F # 33A  | Female 12 & Under 400 Free   | 1     | 50     | -25.97 |
| 28.88L                       | F # 301B | 200 Free Relay Lead Off      | ---   | ---    | -0.19  |
| 34.48L                       | F # 306A | 200 Medley Relay Lead Off    | ---   | ---    | 0.55   |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                             | F/P/S    | Event                        | Place | Points | Improv |
|----------------------------------|----------|------------------------------|-------|--------|--------|
| <b>Elizabeth Saskia (10) F</b>   |          |                              |       |        |        |
| 1:49.91L                         | F # 101A | Female 10 & Under 100 Breast | 7     | 12     | -2.10  |
| 1:50.23L                         | P # 101A | Female 10 & Under 100 Breast | 6     | ---    | -1.78  |
| 44.60L                           | F # 105A | Female 10 & Under 50 Back    | 5     | ---    | -2.08  |
| 3:29.90L DQ                      | F # 107A | Female 10 & Under 200 IM     | ---   | ---    | ---    |
| 1:33.87L                         | F # 109A | Female 10 & Under 100 Back   | 8     | 11     | -7.81  |
| 1:34.43L                         | P # 109A | Female 10 & Under 100 Back   | 8     | ---    | -7.25  |
| 1:19.85L                         | F # 111A | Female 10 & Under 100 Free   | 5     | 14     | -2.17  |
| 1:20.20L                         | P # 111A | Female 10 & Under 100 Free   | 5     | ---    | -1.82  |
| 46.25L                           | F # 113A | Female 10 & Under 50 Fly     | 9     | ---    | -3.04  |
| 36.36L                           | F # 301A | 200 Free Relay Lead Off      | ---   | ---    | 1.46   |
| 45.56L                           | F # 303A | 200 Medley Relay Lead Off    | ---   | ---    | -1.12  |
| <b>Naeva Scott Bouris (14) F</b> |          |                              |       |        |        |
| 2:26.20L                         | F # 3B   | Female 13-14 200 Fly         | 1     | 50     | -4.18  |
| 2:33.88L                         | P # 3B   | Female 13-14 200 Fly         | 1     | ---    | 3.50   |
| 2:28.13L                         | F # 7B   | Female 13-14 200 IM          | 1     | 50     | -7.43  |
| 2:33.19L                         | P # 7B   | Female 13-14 200 IM          | 1     | ---    | -2.37  |
| 9:21.56L                         | F # 11B  | Female 13-14 800 Free        | 1     | ---    | 5.04   |
| 5:18.53L                         | F # 15B  | Female 13-14 400 IM          | 2     | 30     | 0.96   |
| 2:10.50L                         | F # 19B  | Female 13-14 200 Free        | 1     | 50     | 1.74   |
| 2:12.54L                         | P # 19B  | Female 13-14 200 Free        | 2     | ---    | 3.78   |
| 1:01.37L                         | F # 25B  | Female 13-14 100 Free        | 1     | 50     | 0.60   |
| 1:03.03L                         | P # 25B  | Female 13-14 100 Free        | 1     | ---    | 2.26   |
| 2:27.39L                         | F # 29B  | Female 13-14 200 Back        | 1     | 50     | 0.89   |
| 2:30.46L                         | P # 29B  | Female 13-14 200 Back        | 1     | ---    | 3.96   |
| 4:31.74L                         | F # 33B  | Female 13-14 400 Free        | 1     | 50     | 4.01   |
| 33.30L                           | F # 306B | 200 Medley Relay Lead Off    | ---   | ---    | -0.71  |
| <b>Jemma Stevens (15) F</b>      |          |                              |       |        |        |
| 2:45.90L                         | F # 7C   | Female 15 & Over 200 IM      | 7     | 12     | 7.26   |
| 2:47.23L                         | P # 7C   | Female 15 & Over 200 IM      | 7     | ---    | 8.59   |
| 30.05L                           | P # 9C   | Female 15 & Over 50 Free     | 10    | ---    | 1.18   |
| 1:16.78L                         | P # 17C  | Female 15 & Over 100 Back    | 14    | ---    | 5.21   |
| 2:25.12L                         | P # 19C  | Female 15 & Over 200 Free    | 17    | ---    | 8.63   |
| 1:04.03L                         | P # 25C  | Female 15 & Over 100 Free    | 8     | ---    | 1.45   |
| 1:04.48L                         | F # 25C  | Female 15 & Over 100 Free    | 8     | 11     | 1.90   |
| 40.56L                           | P # 27C  | Female 15 & Over 50 Breast   | 9     | ---    | -7.15  |
| 35.35L                           | F # 306C | 200 Medley Relay Lead Off    | ---   | ---    | 1.00   |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

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Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                                 | F/P/S    | Event                      | Place | Points | Improv |
|--------------------------------------|----------|----------------------------|-------|--------|--------|
| <b>Maya Stevens (12) F</b>           |          |                            |       |        |        |
| 2:47.35L                             | F # 3A   | Female 12 & Under 200 Fly  | 1     | 50     | -1.10  |
| 2:52.71L                             | P # 3A   | Female 12 & Under 200 Fly  | 2     | ---    | 4.26   |
| 37.37L                               | F # 5A   | Female 12 & Under 50 Back  | 4     | 15     | -1.07  |
| 37.63L                               | P # 5A   | Female 12 & Under 50 Back  | 4     | ---    | -0.81  |
| 31.92L                               | F # 9A   | Female 12 & Under 50 Free  | 9     | ---    | 0.18   |
| 32.73L                               | P # 9A   | Female 12 & Under 50 Free  | 12    | ---    | 0.99   |
| 1:19.45L                             | F # 17A  | Female 12 & Under 100 Back | 6     | 13     | -1.37  |
| 1:21.50L                             | P # 17A  | Female 12 & Under 100 Back | 8     | ---    | 0.68   |
| 2:31.64L                             | P # 19A  | Female 12 & Under 200 Free | 6     | ---    | -1.31  |
| 2:31.94L                             | F # 19A  | Female 12 & Under 200 Free | 7     | 12     | -1.01  |
| 34.05L                               | F # 21A  | Female 12 & Under 50 Fly   | 2     | 30     | -1.21  |
| 34.29L                               | P # 21A  | Female 12 & Under 50 Fly   | 2     | ---    | -0.97  |
| 1:10.87L                             | P # 25A  | Female 12 & Under 100 Free | 8     | ---    | 0.13   |
| 1:11.74L                             | F # 25A  | Female 12 & Under 100 Free | 8     | 11     | 1.00   |
| 2:50.91L                             | P # 29A  | Female 12 & Under 200 Back | 6     | ---    | -2.65  |
| 2:51.04L                             | F # 29A  | Female 12 & Under 200 Back | 8     | 11     | -2.52  |
| 1:16.80L                             | P # 31A  | Female 12 & Under 100 Fly  | 5     | ---    | 1.29   |
| 1:16.81L                             | F # 31A  | Female 12 & Under 100 Fly  | 5     | 14     | 1.30   |
| <b>Atanas Tchaouchev (13) M</b>      |          |                            |       |        |        |
| 5:48.91L                             | F # 16B  | Male 13-14 400 IM          | 7     | 12     | -3.01  |
| 2:26.28L                             | P # 20B  | Male 13-14 200 Free        | 16    | ---    | 1.63   |
| 2:52.65L                             | F # 24B  | Male 13-14 200 Breast      | 3     | 20     | -1.87  |
| 2:59.37L                             | P # 24B  | Male 13-14 200 Breast      | 3     | ---    | 4.85   |
| 1:07.54L                             | P # 26B  | Male 13-14 100 Free        | 17    | ---    | 0.41   |
| 35.58L                               | P # 28B  | Male 13-14 50 Breast       | 6     | ---    | -2.55  |
| 36.19L                               | F # 28B  | Male 13-14 50 Breast       | 6     | 13     | -1.94  |
| 2:49.36L DQ                          | P # 30B  | Male 13-14 200 Back        | ---   | ---    | ---    |
| 5:12.08L                             | F # 34B  | Male 13-14 400 Free        | 10    | ---    | 6.96   |
| <b>Constantine Tchaouchev (10) M</b> |          |                            |       |        |        |
| 4:01.38L                             | P # 24A  | Male 12 & Under 200 Breast | 18    | ---    | -4.28  |
| 6:10.11L                             | F # 34A  | Male 12 & Under 400 Free   | 16    | ---    | -17.03 |
| 1:35.36L                             | P # 109B | Male 10 & Under 100 Back   | 6     | ---    | -21.68 |
| 1:42.57L                             | F # 109B | Male 10 & Under 100 Back   | 8     | 11     | -14.47 |
| 1:21.43L                             | F # 111B | Male 10 & Under 100 Free   | 6     | 13     | -8.30  |
| 1:25.61L                             | P # 111B | Male 10 & Under 100 Free   | 8     | ---    | -4.12  |
| 3:01.77L                             | F # 115B | Male 10 & Under 200 Free   | 6     | 13     | -0.04  |
| 52.17L                               | F # 117B | Male 10 & Under 50 Breast  | 2     | 30     | -0.21  |
| 44.62L                               | F # 304A | 200 Medley Relay Lead Off  | ---   | ---    | -1.14  |

# UVic - Pacific Coast Swimming Assoc.

## Individual Meet Results

2019 VIR LC Championships 07-Jun-19 to 09-Jun-19 SC Meters

Location: Nanaimo Aquatic Centre

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                                 | F/P/S    | Event                       | Place | Points | Improv |
|--------------------------------------|----------|-----------------------------|-------|--------|--------|
| <b>Jasper Joost Van Maren (13) M</b> |          |                             |       |        |        |
| 2:33.46L                             | F # 4B   | Male 13-14 200 Fly          | 1     | 50     | -1.76  |
| 2:37.56L                             | P # 4B   | Male 13-14 200 Fly          | 2     | ---    | 2.34   |
| 2:38.48L DQ                          | P # 8B   | Male 13-14 200 IM           | ---   | ---    | ---    |
| 9:46.48L                             | F # 12B  | Male 13-14 800 Free         | 1     | 50     | -0.86  |
| 5:19.49L                             | F # 16B  | Male 13-14 400 IM           | 2     | 30     | -3.09  |
| 2:17.90L                             | P # 20B  | Male 13-14 200 Free         | 3     | ---    | -4.16  |
| 2:18.05L                             | F # 20B  | Male 13-14 200 Free         | 5     | 14     | -4.01  |
| 2:51.98L                             | F # 24B  | Male 13-14 200 Breast       | 2     | 30     | -2.62  |
| 3:00.55L                             | P # 24B  | Male 13-14 200 Breast       | 6     | ---    | 5.95   |
| 2:42.41L                             | F # 30B  | Male 13-14 200 Back         | 7     | 12     | 2.13   |
| 2:42.88L                             | P # 30B  | Male 13-14 200 Back         | 8     | ---    | 2.60   |
| 1:10.42L                             | F # 32B  | Male 13-14 100 Fly          | 3     | 20     | -2.48  |
| 1:12.54L                             | P # 32B  | Male 13-14 100 Fly          | 3     | ---    | -0.36  |
| 4:44.90L                             | F # 34B  | Male 13-14 400 Free         | 2     | 30     | -8.32  |
| <b>Alexis Woo (15) F</b>             |          |                             |       |        |        |
| 1:35.69L                             | P # 1C   | Female 15 & Over 100 Breast | 12    | ---    | 0.62   |
| 3:05.03L                             | P # 7C   | Female 15 & Over 200 IM     | 14    | ---    | 1.75   |
| 32.10L                               | P # 9C   | Female 15 & Over 50 Free    | 22    | ---    | 0.75   |
| 2:37.02L                             | P # 19C  | Female 15 & Over 200 Free   | 29    | ---    | -0.96  |
| 3:20.08L                             | P # 23C  | Female 15 & Over 200 Breast | 10    | ---    | -0.79  |
| 1:11.20L                             | P # 25C  | Female 15 & Over 100 Free   | 29    | ---    | -1.65  |
| <b>Ethan Woo (10) M</b>              |          |                             |       |        |        |
| 1:41.47L                             | F # 101B | Male 10 & Under 100 Breast  | 1     | 50     | 1.24   |
| 1:43.57L                             | P # 101B | Male 10 & Under 100 Breast  | 1     | ---    | 3.34   |
| 1:31.93L DQ                          | P # 103B | Male 10 & Under 100 Fly     | ---   | ---    | ---    |
| 3:14.55L                             | F # 107B | Male 10 & Under 200 IM      | 2     | ---    | 1.85   |
| 1:25.71L                             | F # 109B | Male 10 & Under 100 Back    | 2     | 30     | 0.02   |
| 1:26.20L                             | P # 109B | Male 10 & Under 100 Back    | 2     | ---    | 0.51   |
| 1:19.22L                             | F # 111B | Male 10 & Under 100 Free    | 4     | 15     | -12.86 |
| 1:21.26L                             | P # 111B | Male 10 & Under 100 Free    | 4     | ---    | -10.82 |
| 37.80L                               | F # 113B | Male 10 & Under 50 Fly      | 1     | ---    | -6.71  |
| 2:55.53L                             | F # 115B | Male 10 & Under 200 Free    | 3     | 20     | -0.46  |
| 34.32L                               | F # 119B | Male 10 & Under 50 Free     | 3     | 20     | 12.43  |
| 36.57L                               | F # 302A | 200 Free Relay Lead Off     | ---   | ---    | 14.68  |